



Broadmeadows SPECIAL DEVELOPMENTAL SCHOOL

Edition 2, Friday 19th February, Term 1 2021

Thank you to our whole school community for being so responsive and supportive to the directions we were all given from The Victorian Government and Victoria's Chief Health Officer, for all Victorian schools to move to a period of remote and flexible provision from Monday, 15th February to Wednesday, 17th February inclusive to prevent the spread of the COVID-19. We understand how much our students want to be at school after the holiday break, however working together to keep each other safe is crucial. Thank you also to our parent community for understanding the disruption this had on our school programs such as Canteen and Cake Catering – resulting in these programs not running in Week 3 as students weren't at school to prepare for these programs and events. We look forward to recommencing these programs in Week 4.

For new families joining our school, you might be interested in our 'Parents Lounge' which you can access on the website. It has lots of great videos and activities to learn about how to support your child. We have included some information about how to access the lounge feature at the back of the newsletter as well as a return slip to share with us any topics that you'd like to learn more about. Please take a moment to fill in this return slip and send it back to school with your child. Thank you.

My Principal's Award for this edition is given to Orbay from Sorrento Room 17. Orbay has had a fantastic start to the school year and has been so engaged in his classroom programs. Orbay has particularly excelled in his catering programs as part of our Internal Work Experience curriculum – working in the whole school Canteen to make pizza. Orbay has demonstrated focus in the kitchen and consistent kitchen safety when working with hot appliances and kitchen tools. Orbay, you truly deserved your Head Chef white jacket last week for your efforts in the Canteen program. Well done – we are proud of you.



Teachers and therapists have been working closely together completing assessments and engaging in discussions as part of our preliminary goal setting process for each student. Each year as part of developing educational learning programs for our students, we set individualised learning plans and goals through the Program Support Group (PSG) process. The Program Support Group is a team of people that work collaboratively to develop, write, monitor and evaluate these individualised learning plans. Classroom teachers and classroom therapists (including Speech Pathologists, Occupational Therapists and Physiotherapists) work in collaboration to set these key goals that will be targeted across the year. We also work in partnership with parents and families as part of this process. We hope that you have a chance to read over the document in preparation for our PSG Meeting Day on Friday 5th March.

Susi Wirth
Principal

DATES TO REMEMBER TERM 1 2021

DATE	EVENT TO REMEMBER
Friday 5 th March	PSG Meeting Day – No School For Students
Monday 8 th March	Public Holiday – Labour Day
Friday 26 th March	Curriculum Day – No School For Students
Thursday 1 st April	Last Day Of Term 1
Friday 2 nd April	Public Holiday – Good Friday

Learning Beyond Words
SCHOOL NEWS AND UPDATES

BORROWING CLUB

Each Wednesday at BSDS, students at the Dimboola Rd campus will be able to borrow a library book to take home and share with their families. If you would like your child to be a part of this special program, please send along a library bag and we will assist them in borrowing a new book each week to read at home. This is a great opportunity for your child to share some of their favourite stories with you as well as to hear some new exciting ones. Bring a library bag next Wednesday to join up.



CHAMPION'S CORNER

Mason Koops has been exploring a range of oral motor activities including a Z-Vibe toothbrush, a new chew tube. His Z-Vibe helps to activate his oral motor muscles which help to alert him. We are seeing so much of a change already! Mason is showing us a broader range of facial expressions and he is starting to drink delicious cold water from a straw - look at how proud he is of himself! Well done Mason!



Respect

Opportunity

Engagement

Communication

Support

Learning Beyond Words
TEACHING AND LEARNING PROGRAMS AT BSDS

WELCOME TO BSDS!

Our Foundation students have thrived during their first few weeks of school. We have all loved getting to know each other as we engage and experience new activities in class and explore our new school. We have enjoyed games, outside play, fun messy activities and stories together. We are looking forward to lots more fun and learning in Foundation throughout 2021!



Respect

Opportunity

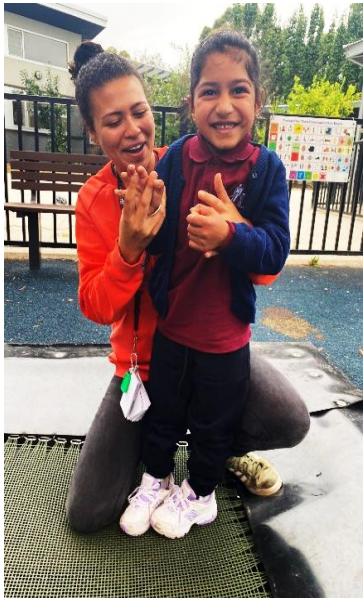
Engagement

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TEACHING AND LEARNING PROGRAMS AT BSDS

WELCOME TO BSDS!



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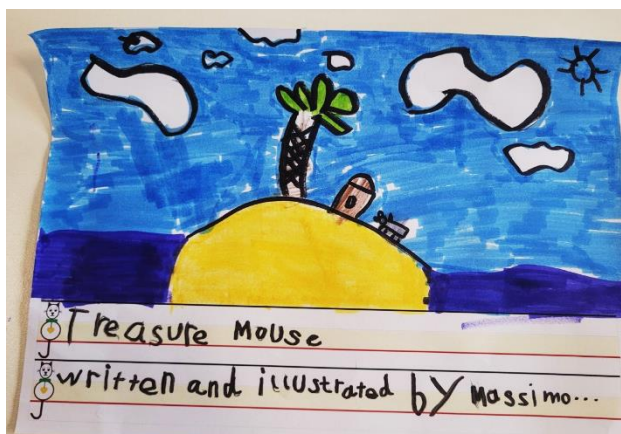
Communication

Support

TEACHING AND LEARNING PROGRAMS AT BSDS

RIGHT BACK INTO WRITING!

Writing with students provides numerous opportunities for them to develop emergent literacy capacities including making meaning/expressing ideas in texts, fine motor skills, concepts of print, phonological awareness, and creating and exploring texts. Room 17 students have been off to a flying start and through modelling and scaffolding, have been learning how texts work, and the features of different text types. This week, we began reading a variety of fictional narratives and thought, why not write our very own?! To encourage and foster independent writing behaviours students have been provided with a 'writing inspiration station'. With a range of visual supports for students to access including different settings such as the ocean, and different characters such as witches and farmers, students got straight into planning and beginning to write their first drafts. They're learning how to plan for a beginning, middle and end and to create interesting sentences by adding adjectives and drawing capturing illustrations and they can't wait to show you their final products!



TEACHING AND LEARNING PROGRAMS AT BSDS

PERFORMING ARTS

This term in Performing Arts we have been focusing on making music together! We have been exploring and experiencing different percussion instruments such as shakers, hand bells and lollipop drums. Students can benefit from using these instruments as they promote hand eye coordination, encourage visual tracking, increase self-confidence, develop rhythm as well as being FUN!

Playing instruments together is a great way for students to enjoy group work in a playful and engaging way. Students have been given opportunities to musically express themselves while playing these instruments within the structure of the weekly performing arts program.

PERCUSSION family



Learning Beyond Words
TEACHING AND LEARNING PROGRAMS AT BSDS

ROOM 13S UPDATES

The students in Room 13S have really enjoyed the transition to the Sorrento campus this year. During English we have been learning about fruit and our garden. We have enjoyed exploring the school garden and talking about where fruit grows. Additionally, we have been using measurement and capacity skills within the classroom to create some marvellous sensory creations. Check it out!



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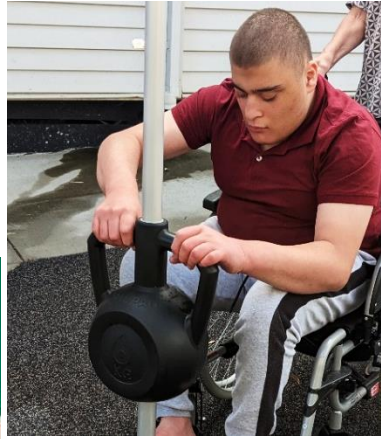
Communication

Support

TEACHING AND LEARNING PROGRAMS AT BSDS

ROOM 1: LET'S GET MOVING!

Hilal, Issa, Kristian and Michael have enjoyed physical activities led by our Physio Lucy, PE teacher Paul and OT Stef. Hilal also displayed a talent for weights when working with our outdoor gym equipment.



GARDENING – FROM CRATE TO PLATE

This week the students of Senior Room 2 had a great time making and eating Parsley Pesto - from smelling and trying each ingredient to using different equipment safely. We can't wait to get into the school garden to cultivate, plant and care for the different herbs for the school's catering programs.



Toast the pine nuts – add the nuts to a dry pan and toast until golden brown.

Blend the parsley – drop the parsley, pine nuts, and minced garlic to a food processor and blend briefly.

Add the cheese – place the cheese into the food processor and blend until combined.

Finally, add the oil – slowly add the oil while the processor is on. Finish with a squeeze of lemon juice and season to your own taste.



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COMMOTION IN THE OCEAN - ROOM 28

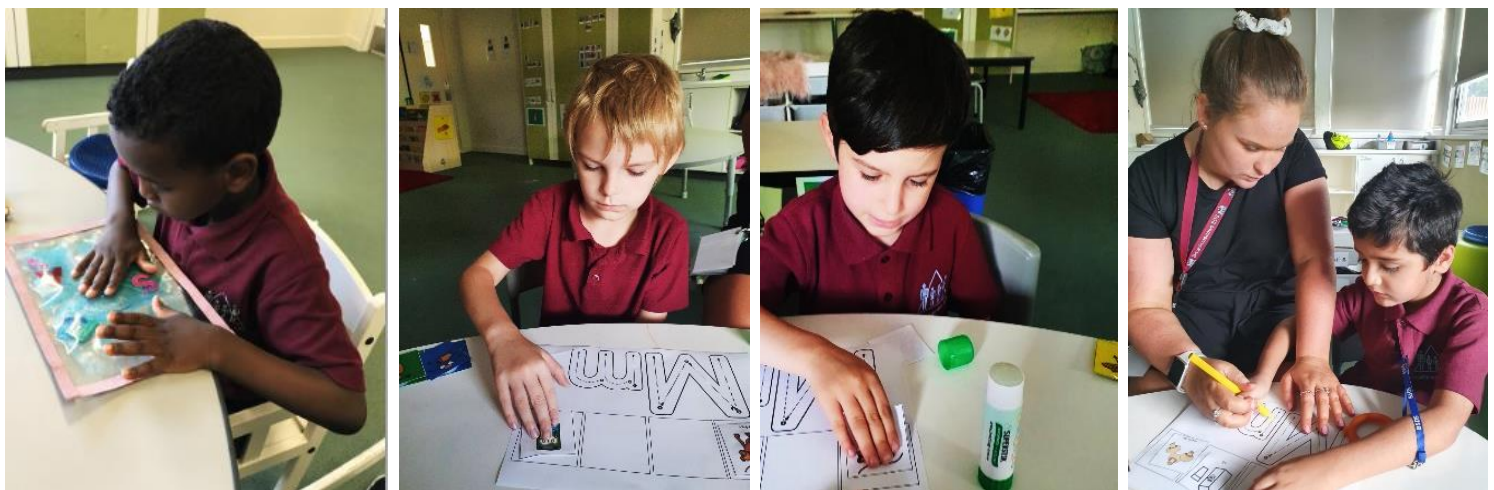
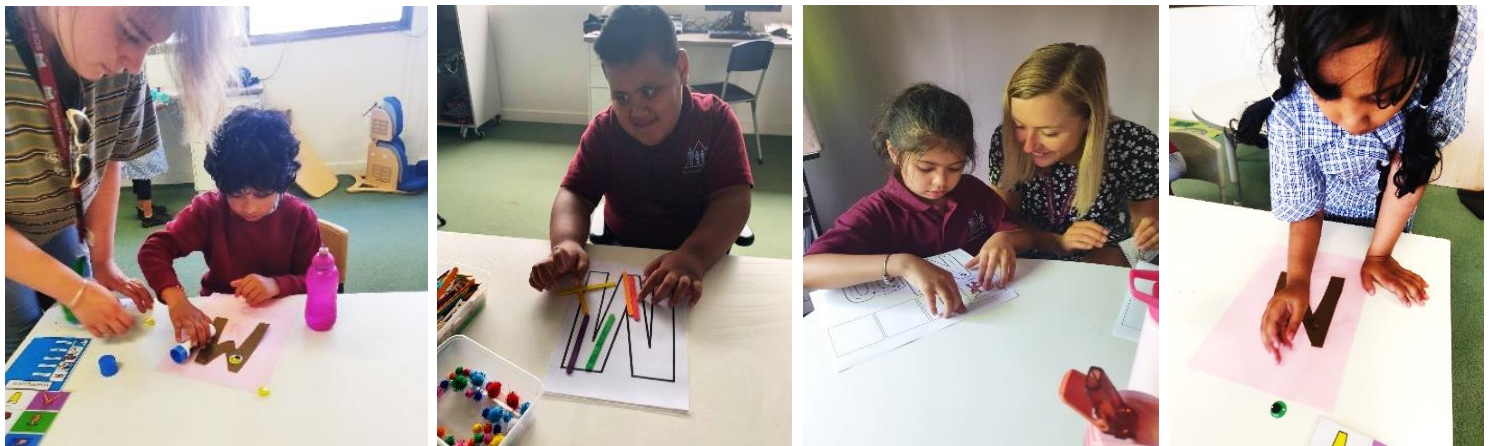
"Orange crab, orange crab, what do you see? I see a group of Room 28 kids under the sea!" We have been reading *Commotion in the Ocean* in Room 28. After reading the whole class story and engaging with story props, we select a habitat to explore - our class favourite being the 'ocean' water!



Learning Beyond Words
TEACHING AND LEARNING PROGRAMS AT BSDS

LITTLE LEARNERS LOVE LITERACY

The students in Rooms 7-11 have been wonderful little learners during our literacy sessions. They have been exploring the letter M through our 'Little Learners Love Literacy' Program. They explored the 'M' sound within a range of engaging sensory activities, sound matching activities, and even made some adorable little mice for craft. Well done!



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SIMPLE WAYS TO ENGAGE IN PLAY AT HOME

Article content courtesy of: <https://www.justonenorfolk.nhs.uk/childhood-development-additional-needs/talk-play/benefits-of-play>

Knowing the importance of play gives us the chance to have fun with our children, however other things can get in the way. Families sometimes find it difficult play when the daily 'to do list' seems too long. We've listed some familiar concerns that parents have with being able to play at home and some simple solutions to help you find a way to play!



I'm too busy! Life can be very busy when you are raising a family and it can feel like play is another thing you have to do. Luckily play can fit in around other things as it is really about being together and having fun. Children learn a lot from everyday things. So you can play anywhere.

A walk to the shops can go more quickly if you are racing between the lamp posts, stomping like a dinosaur, or just counting how many red cars you see. Doing household chores can be fun. You can have your child playing with plastic pots at the sink, helping with the washing up, or you could play restaurants at tea time. Older children like to help cook, or you could do a YouTube keep fit or dance video together – it will make you both feel good.

Playing together does not have to take long – it can happen in short bursts and alongside other things. Remember play is valuable and it is good for the whole family. Try and put it at the top of the to-do list sometimes.

I feel silly - Everyone is different. Some people find it easier to let their 'silly side out' than others. Your child is unlikely to think you are silly – and if they do they will think it is great. Watch other people out and about with their children – when you see them having fun together do you think it looks silly or like a great time? Some people say they find talking and singing to babies and children a bit embarrassing. Practise at home first and build your confidence. You will see your child responding and then it will be easier to build into a habit.

All play and chat with children does not have to be loud and silly. Being with your child whilst they work out a new skill and you encourage them is just as important. Maybe another parent, a sibling or someone else your child loves enjoys doing the loud play? Parents bring their different personalities and skills to playing with their child and they are all valuable. It is being with your child and helping them explore and understand the world around them that counts.

Why can't they play on their own? We all want our children to grow up to be confident and independent. Some people worry that if they play with their child they will not learn to play alone. When children are small they get more of the benefits of play when you are there to help them explore and try new things. They learn about language and communicating from listening and responding to you. When you join in with play, you can praise and encourage them. This builds confidence and helps them believe in themselves and keep going. As they grow older it does not have to be either /or. The more time that you spend joining in with your child's play, the more able they will be to play independently. They will be able to use the skills you have taught them to keep themselves entertained, and will love explaining to you what they have been making, or imagining.

I don't know how or what to play! Some parents feel that they aren't sure how to play with their child. This is not surprising. As we grow up we can get out of the habit of play. The good news is your child will lead the way. Play is really about time together, talking, laughing and tuning in to your child's interests and helping them see what they can do. As your child grows noticing what toy has caught their interest and talking about it and letting them see what it can do is play. Stomping in leaves and helping your child climb to the top of the slide is play. Story books, colouring, and splashing in the bath are all play. Let your child take their time exploring things, whilst you make suggestions, and help them try new things. Children are so excited to find things out. Their enthusiasm is catching.

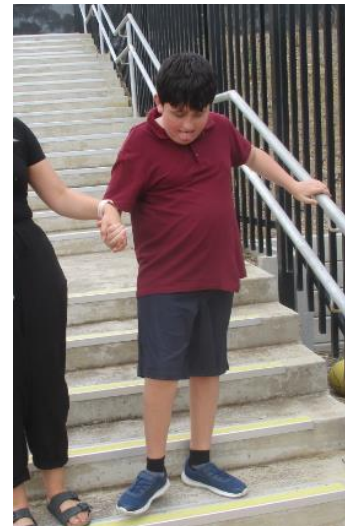
RETURN BACK TO GROSS MOTOR ACTIVITIES AT SCHOOL

Gross motor skills are those which require the whole body to move and involve large muscles of the body to perform everyday activities. This includes crawling, standing, walking, running, jumping and sitting straight at a desk. It also includes coordination and balance activities such as throwing, catching and kicking a ball.

Why are gross motor skills important?

Gross motor skills allow children to complete everyday functional activities such as sitting, standing, walking, running, as well as sporting activities (e.g.- kick, throw, catch ball) and playground skills (e.g. - swing, climb). These are important and impact everyday self-care skills like the ability to stand on one leg to put pants on without falling over.

Gross motor skills also influence a student's endurance to manage with activities at school, including sitting upright at a table, moving between teaching and learning spaces, and carrying books.



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Learning Beyond Words
BSDS TAKE HOME TIPS

USING KEY WORD SIGN LANGUAGE AT HOME – LUNCH BOX VOCABULARY

Learning KWS is best undertaken with routine activities that allow lots of practise and repetition, within a meaningful context – for children and adults alike! Packing the school lunch box is a great routine to focus on to develop KWS use at home – both for receptive and expressive language. Chose a few key signs and then practise those with your child, and build more in as the year progresses and as your own confidence grows. Challenge yourself to see if you can use KWS to label all of your child’s lunch box items by the end of the school year!

 <p>Sandwich</p> <p>Open both hands, bend at third knuckles, thumbs under. Place fingers of non-dominant hand between fingers and thumb of dominant hand. Move formation from dominant to non-dominant side in front of chin.</p>	 <p>Cheese</p> <p>Bend open dominant hand at third knuckles. Move dominant hand finger tips side to side above palm of open non-dominant hand.</p>	 <p>Bowl</p> <p>Slightly cup both hands, blades touching, and hold in front of body. Move hands apart in small upward arc to represent outline of bowl.</p>
 <p>Chips</p> <p>Place tips of extended index fingers and thumbs together at chest height. Pull hands apart whilst thumbs close onto fingertips. Repeat movement.</p>	 <p>Chocolate</p> <p>Fingerspell "C" with dominant index finger and thumb. Rest tip of thumb against cheek near mouth. Rock hand twice, thumb still in contact with cheek.</p>	 <p>Vegemite</p> <p>Extend and spread dominant index and middle fingers. Brush fingertips of formation across palm of open non-dominant hand, palm up, towards body.</p>
 <p>Meat</p> <p>Point tip of extended dominant index finger into dominant side of neck, twice. (V, S, W, NT, T)</p>	 <p>Biscuit</p> <p>Extend dominant thumb. Move thumb tip in small circle on the back of relaxed non-dominant hand.</p>	 <p>Banana</p> <p>Extend non-dominant index finger. With extended dominant index finger and thumb together, make two downward "pooling" movements of non-dominant index finger. (Natural gesture).</p>
 <p>Grape</p> <p>Form an "O" with tips of index fingers and thumbs of both hands and place these formations together at chest height. Move dominant hand to mouth. Repeat action.</p>	 <p>Orange</p> <p>Hold cupped dominant hand at corner of mouth, palm forward, close to fist twice.</p>	 <p>Pizza</p> <p>Hold open dominant hand, palm up, fingers pointing backwards, at shoulder height. Twist hand, twice.</p>
 <p>Eat</p> <p>Close dominant fingertips onto ball of thumb. Tap formation on chin, twice.</p>	 <p>Drink</p> <p>Shape dominant hand as for holding a glass – tilt to mouth as for drinking. (Natural gesture - mime the action).</p>	 <p>Hungry</p> <p>Place extended dominant thumb on side of neck. Make two forward strokes with thumb. (V, S, W, NT, T)</p>

Learning Beyond Words
BSDS TAKE HOME TIPS

USING KEY WORD SIGN LANGUAGE AT HOME – LUNCH BOX VOCABULARY

 <p>Butter Brush fingertips of open dominant hand along lower palm of open non-dominant hand, twice.</p>	 <p>Juice Place open dominant hand, fingers spread and crooked, palm down, over open non-dominant hand, palm up. Twist dominant formation over non-dominant hand, twice.</p>	 <p>Cut Move dominant extended index finger towards body, across open non-dominant hand, palm up, once.</p>
 <p>Microwave Hold both hands with fingers held behind thumbs in front of body, palms towards each other. Simultaneously flick fingernails of both thumbs, repeat movement with emphasis.</p>	 <p>Plate Move extended dominant index finger in a circle above palm of open non-dominant hand.</p>	 <p>Refrigerator Make a fist with dominant hand as though gripping a handle. Move hand towards body, then back.</p>
 <p>Choose Extend dominant index finger and thumb. Close index finger onto thumb while moving hand towards body. N.B. Some states use two hands or use this action from extended non-dominant hand index finger and middle fingers.</p>	 <p>Lolly Point dominant index fingertip into cheek. Keeping tip on cheek, roll formation forward and back, twice.</p>	 <p>Which Extend dominant thumb and little finger, palm down and move this formation from side to side, twice.</p>
 <p>Like Move open dominant hand in small circles on chest.</p>	 <p>Bread Move blade of open dominant hand along lower palm of open non-dominant hand, twice.</p>	 <p>Spaghetti Extend and spread dominant index, middle and ring fingers pointing down. Lower this formation close to open non-dominant hand, palm up. Circle extended dominant fingers above stationary palm then lift towards mouth, fingers pointing up.</p>
 <p>Butter Brush fingertips of open dominant hand along lower palm of open non-dominant hand, twice.</p>	 <p>Peanut butter 1) Finger spell "P". 2) Brush fingertips of open dominant hand along lower palm of open non-dominant hand, twice.</p>	 <p>Choose Extend dominant index finger and thumb. Close index finger onto thumb while moving hand towards body. N.B. Some states use two hands or use this action from extended non-dominant hand index finger and middle fingers.</p>
 <p>Apple Slightly spread fingertips of cupped dominant hand. Stroke chin upwards, twice.</p>	 <p>Bread Move blade of open dominant hand along lower palm of open non-dominant hand, twice.</p>	 <p>Key Word Sign Victoria</p>

BSDS DIGITAL NEWSLETTER

Would you like to receive a digital copy of each edition of our BSDS Newsletter? Each fortnight, a pdf copy of our newsletter can be emailed to you so that you don't miss out on any of our important news and updates by reading the newsletter at a time that suits you!

An extra bonus of receiving a digital copy of the newsletter is that you can then forward it on to family and friends to share the wonderful programs that your child is engaging in as part of their learning at BSDS.

Please note, that we only feature photos of students in our newsletter who have been given appropriate levels of permission as part of our Consent Form documentation.

Paper copies will still be sent home with each child, as we know that our students love looking at the photos in the newsletter and it is particularly special when they can share a photo of themselves in the newsletter or celebrate a mention of their great work with their family at home.

Alternatively you can log on to the school website and go to the Newsletters section to download copies of current newsletters.

In order to receive a digital copy of the school newsletter please subscribe to the school newsletter emailing list by filling out your details below and returning this form to your child's teacher. Please note that your email will only be used for this purpose and all email addresses included in the newsletter distribution list will be kept private using a 'blind cc' list so that no names or addresses are shared.

We hope that you take up this fantastic opportunity to read our newsletter each fortnight. Thank you.

Child's name and classroom:

Your name:

Email address to submit to the BSDS Newsletter distribution list:

Broadmeadows SDS Cake Catering 2021

We would love to create a wonderful cake for your special celebration – whether it be a birthday at home, at school at BSDS or perhaps even at a pre-school or primary/high school for another child in the family. All cakes are made with a delicious vanilla cake recipe and are baked and decorated by the BSDS Secondary Catering Team. Should you wish to order a cake *please provide at least one week's notice* by returning this order form to your child's teacher, *complete with payment and the date you would need it by* and a contact number so we can call you to confirm pick up (for a party at another venue) or delivery on the day to your child's classroom for an at school party. We look forward to providing you with a beautiful cake!

Child's name: _____ **Room number:** _____

Parent name and contact number: _____

Date the cake is required by: _____

(Please allow at least one week's notice for preparation and please pickup the day before if for off-site party)

Proposed collection (please circle): **Pick up from BSDS** or **Deliver to my child's classroom for a party at BSDS**

Choose your own theme and let us design for you



Quantity:

\$tbc

Giant Donut Cake



Quantity:

\$20

Under the Sea



Quantity:

\$20

Emoji Cake



Quantity:

\$30

Spiderman



Quantity:

\$20

Popcorn Cake



Quantity:

\$25

Fairy Bread Cake



Quantity:

\$20

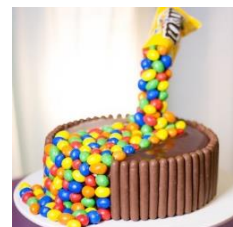
Oreo Overload



Quantity:

\$25

Gravity Defying M&Ms



Quantity:

\$25

Lollipop Love



Quantity:

\$25

Unicorn Magic



Quantity:

\$25

Barbie



Quantity:

\$30

Save the Date

Post School Options

EXPO - 18th March 2021

If your young person is finishing school next year you will need to attend this EXPO

Don't miss out on your chance to meet and chat to various service providers from Adult Day Services, Supported Employment Networks, Employment Networks, TAFE, Local Community/ Council Networks, Centrelink and information on NDIS



Date: Thursday March 18th 2021

Time: 4.00 pm–7.00 pm

**Location: Broadmeadows Town Hall
10 Dimboola Rd, Broadmeadows**



For further information contact:

Katy Brindle 0438 489 192



Broadmeadows
SPECIAL DEVELOPMENTAL SCHOOL

Price List



Short Sleeve Polo

\$18 size 4-16
\$22 size 18-24



Long Sleeve Polo

\$21.00 size 4-16
\$25 size 18-24



Collar Windcheater

\$24 size 4-16



Windcheater

\$25 size 4-16
\$28 size 18-24



Bomber Jacket

\$36 size 4-16
\$43 size 18-24



Lightweight Parka

\$30 size 4-16



Vest

\$23 size 4-16



Trackpants

\$18 size 4-16
\$27 size 18-24



Shorts

\$12 size 4-16
\$22 size 18-24



Skort

\$18 size 4-16
\$24 size 18-24



Summer Dress

\$33 size 4-24



Winter Tunic

\$47 size 4-24



ITEM	COLOUR	PRICE	SIZE 4	SIZE 6	SIZE 8	SIZE 10	SIZE 12	SIZE 14	SIZE 16	TOTAL
Polo Shirt Short Sleeve	Maroon	\$18.00								
Polo Shirt Long Sleeve	Maroon	\$21.00								
Bomber Jacket	Navy/sky	\$36.00								
Windcheater	Maroon	\$25.00								
Polo Collar Windcheater	Navy	\$24.00								
Polo Fleeced Vest	Navy	\$23.00								
Skort	Navy	\$18.00								
Shorts Rugby	Navy	\$12.00								
Trackpants Reinforced	Navy	\$18.00								
Summer Dress	Navy	\$33.00								
Winter Tunic	Navy	\$47.00								
Parka Lightweight	Navy	\$30.00								
Hat – Bucket style	Navy	8.00								
ITEM	COLOUR	PRICE	SIZE 18	SIZE 20	SIZE 22	SIZE 24				TOTAL
Polo Shirt Short Sleeve	Maroon	\$22.00								
Polo Shirt Long Sleeve	Maroon	\$25.00								
Skort	Navy	24.00								
Windcheater	Maroon	\$28.00								
Winter Tunic	Navy	\$47.00								
Summer Dress	Navy	\$33.00								
Shorts Rugby	Navy	\$22.00								
Trackpants Reinforced	Navy	\$27.00								
Hat – Bucket style	Navy	8.00								
Bomber Jacket	Navy	43.00								
TOTAL										

Name of student: _____

Class: _____

Date of order: _____

Payment Method: Cash Card

Credit Card Details: _____

Expiry Date: _____

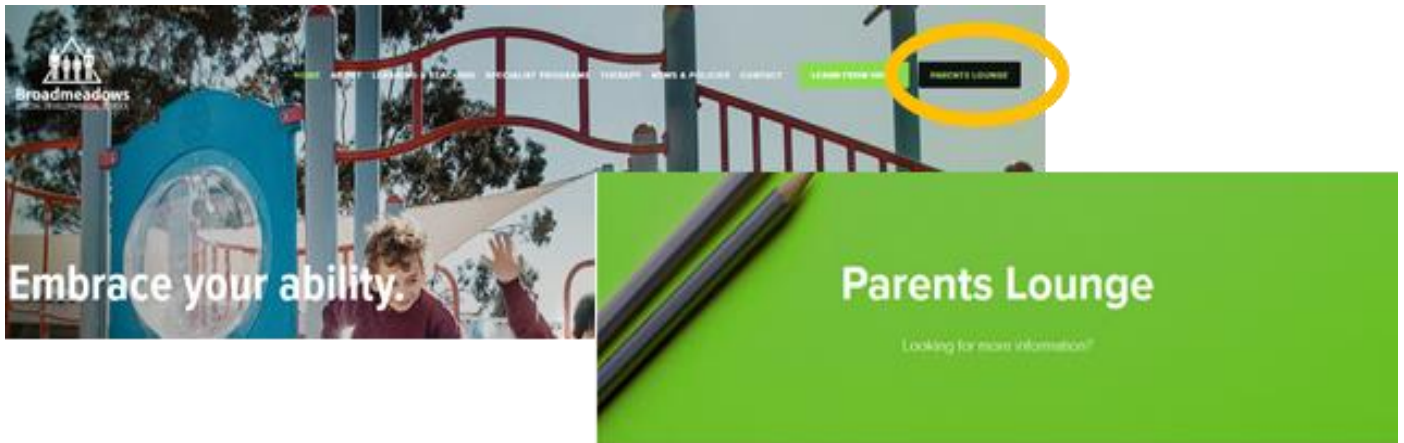
Learning Beyond Words
SCHOOL NEWS AND UPDATES

PARENTS LOUNGE

Welcome to the 2021 school year! For new families joining our school, you might be interested in our 'parents lounge' which you can access on the website. It has lots of great videos and activities to learn about how to support your child.

<https://www.broadmeadowssds.vic.edu.au/>

Password: bsds2020



We hope to be able to run some in person parent information sessions later this year but in the meantime please let us know if there are any topics you are interested in learning more about.

My child's name: _____

I would like to know more about:

1. _____
2. _____
3. _____

Please return this form to school in your child's communication book.