

## Dates & Events

### TERM 3, 2023

Week 7 (August 21 - August 25)

#### Book Week

Friday August 25

#### Book Week Dress-Up Day

Wednesday August 30

#### African Drumming Incursion (Sorrento Street)

Monday September 4

#### School Council Meeting

Tuesday September 5

#### Parent Group Topic Taster

Wednesday September 6

#### Curriculum Day (No Students)

Tuesday September 12

#### Footy Colours Day

Wednesday September 13

#### Dimboola Campus Concert

Friday September 15

#### Last Day of Term 3 (1:00pm Finish)

## A MESSAGE FROM THE PRINCIPAL

### A huge congratulations to the students and staff who made our Sorrento Campus Concert a fantastic night!

The school has been buzzing over the last week since the wonderful revival of our School Concert night. Our Sorrento students were incredible, and we can't help but feel immense pride in them for their enthusiasm, engagement and participation. I extend my gratitude to our staff for their dedicated work in ensuring the night was a success. And naturally, a big thank you goes out to all the families who came out to support the event. We have many fantastic photos from the night to share with you all in this newsletter.

We look forward to the Dimboola Campus concert!



### BOOK WEEK

We are so excited to host a Book Week Dress Up Day next Friday, 25th August. Students are invited to dress up as a favourite book character, inspired by the theme 'Read, Grow, Inspire'. Our staff have lots of exciting literature based programs and activities for our students to participate in. Keep an eye on your child's communication books, as well as their photo books to see the inevitably wonderful photos of these special events.

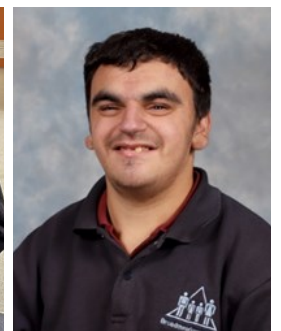
We can't wait to see everyone dressed as their favourite literary characters!



## PRINCIPAL'S AWARD

### Behar Dervishi

Behar is always ready to do his work and has such a positive attitude at school. He looks forward to Wednesdays when the class engages in their cooking program, and he is such an awesome help in the classroom. Behar is a wonderful friend to his peers, and always happily willing to help his peers when needed. Keep up the great work Behar!



### Susi Wirth, Principal





CHILDREN'S  
BOOK WEEK®

#CBCA2023

READ  
GROW  
Inspire



Dress Up Day  
Friday 25th August  
Come dressed as your favourite  
book character.



**Broadmeadows**  
SPECIAL DEVELOPMENTAL SCHOOL





# CHAMPION'S CORNER

## LAMEES ALMAHROQI

for beautifully settling into Room 12. From her first day, Lamees has been eager to try new things, made a new friend in Seerat and has participated in our daily routines. Welcome to the BSDS community and well done, Lamees!



## KRISTIAN SABURIDO

for demonstrating great interactions with staff in his classroom and for using his GoTalk during mealtimes, like a champion!



## ELLIANA LIISTRO

for her wonderful work during literacy sessions. It has been a pleasure to see Elliana's eagerness when carefully scanning the book shelf and choosing a book to read in the reading corner. Fantastic, Elliana!





# SORRENTO CAMPUS CONCERT

9th August 2023





# SORRENTO CAMPUS CONCERT





# EXPLORING THE SOLAR SYSTEM IN ROOM 17S

This term in Room 17S, we have been learning about our Solar System. Each week we have journeyed to a new planet, collecting a passport stamp at each one along the way.

The students were asked what their favourite planet is and why. Their responses were:

**Jamal** - "My favourite planet is Jupiter, because it is big and cold."

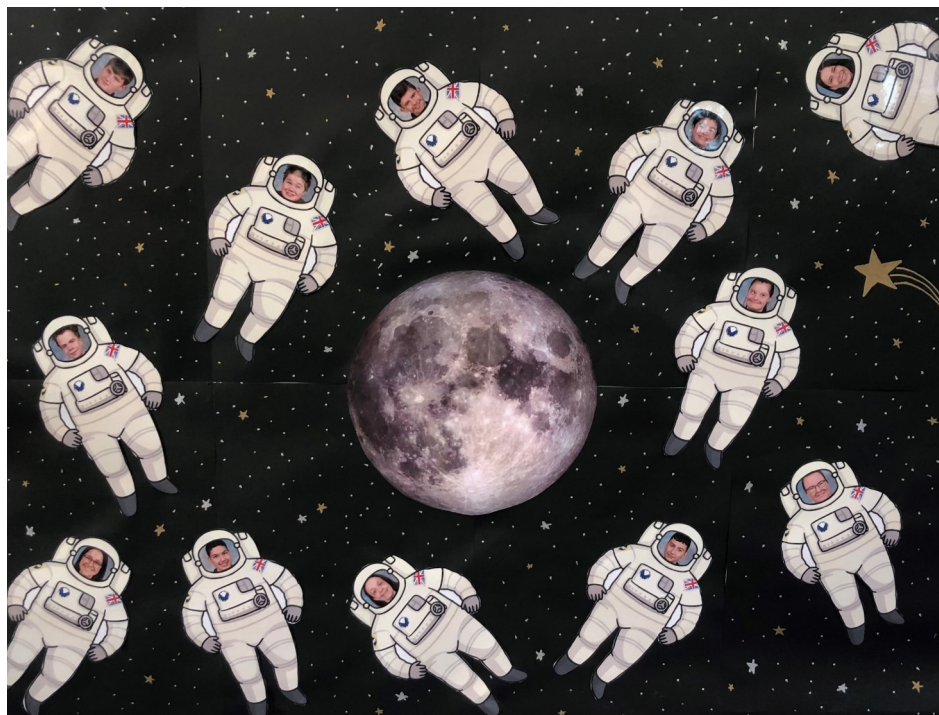
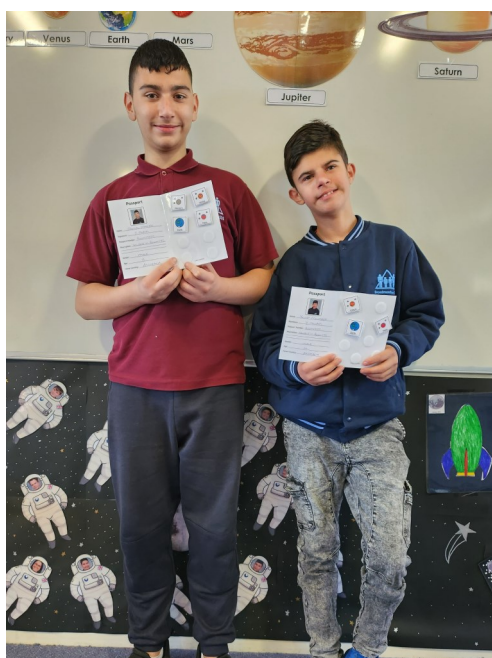
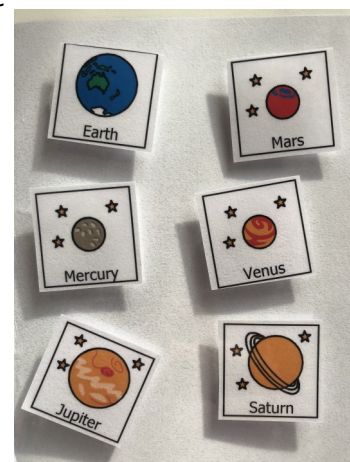
**Jett** - "Venus, because it has no moons."

**Hermione** - "Mercury – it's hot!"

**Ege** - "I like Earth, because it has one moon, it is blue, and it is just the right temperature."

**Sureya** - "Earth – my home."

**Sahar** - "Earth, because it's blue."



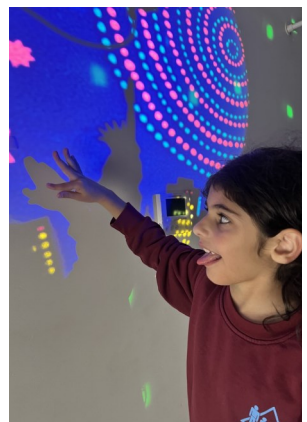
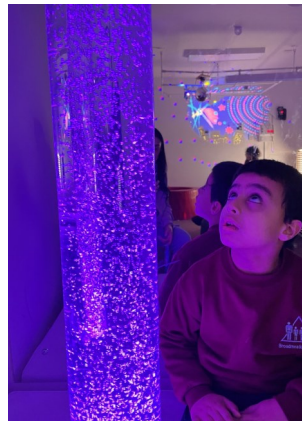


# THE WONDERS OF PLAY WITH ROOM 1 AND 12

We are excited to share a new program running in Rooms 1 and 12.

Foundation and Grade One students have come together to embark on a journey of collaborative, functional play. This session has brought lots of smiles and joy to these young faces.

One of the essential aspects of these lessons has been practicing turn-taking skills. Through hair salon, playdough and building potato heads, these little superstars have shown incredible skills in taking turns with the help of their teachers.



It has been heart-warming to see the friendships that have blossomed from outside in the yard to these functional play skills sessions.

We have seen students building their communication skills, positive interactions and a love for play!

Here's to turn-taking, trying new things and above all - having fun!



# Physiotherapy at Broadmeadows SDS



## HAND-EYE COORDINATION

Hand-eye coordination is the ability to perform movements with the hands while being guided by the eyes, and is an important perceptual-motor skill children develop during early years of development. Hand-eye coordination is required to perform everyday tasks, it is also important for playing sports and engaging in school (e.g. to read and write).

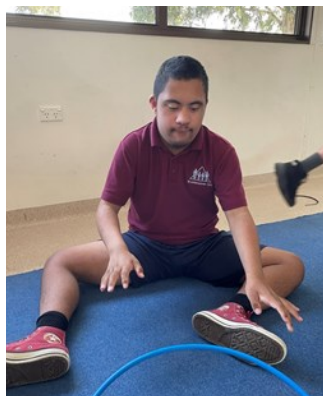
### Examples of daily life include:

- Hitting a ball with a tennis racquet
- Tying shoelaces
- Writing a sentence (pen to paper)
- Brushing hair
- Pouring a drink into a cup



### Activities to work on hand-eye coordination include:

- Building with blocks or Lego
- Finger painting
- Hitting ball with bat/hands
- Drawing/painting
- Throwing/catching
- Skipping rope
- Cutting/sticking
- Puzzles
- Threading/lacing





# Occupational Therapy at Broadmeadows SDS

## CO-REGULATION AT BSDS



Co-regulation is the ability to regulate emotions and behaviours in order to calm and handle stressing internal sensory input or external situations, with the support and guidance from a supportive individual.



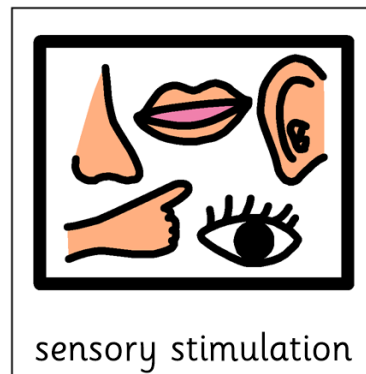
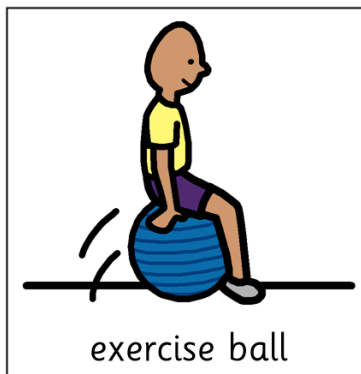
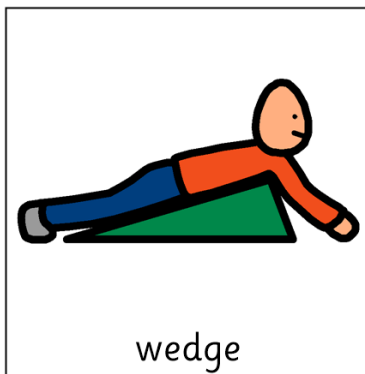
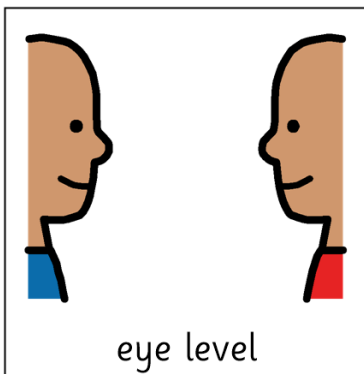
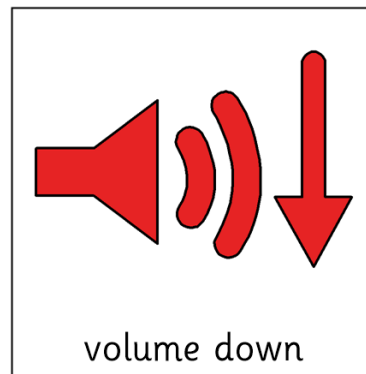
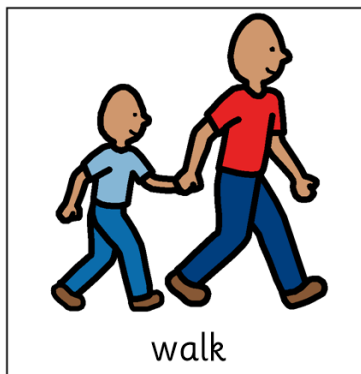
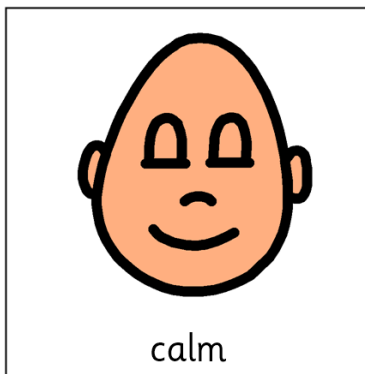
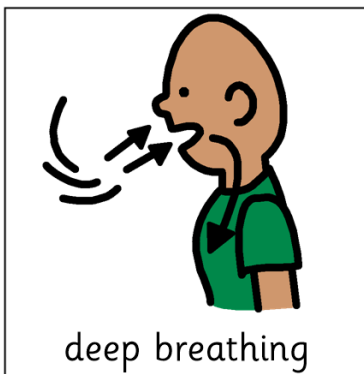
### What does it mean to be well-regulated?



If a person is able to take in sensory stimuli from the environment and have an appropriate response, it means that the person is well-regulated. A person that is dysregulated can become upset, uneasy, uncomfortable, or display different behaviours that shows an inappropriate response. Some can self-regulate (being able to understand and manage one's own reactions), but others need support through co-regulation (being able to manage stressors with a guiding individual).

### What does co-regulation at BSDS look like?

- Keeping a calm state to co-regulate with the student
- Lowering volume, changing tone of voice and getting down to their eye level
- May perform deep breathing exercises
- Use of regulation strategies during class programs (ex. Use of wedge or exercise ball during activities)
- Quite/sensory corner with preferred sensory stimulation/play or outdoors time for a co-regulation walk





# Parent Group Topic Taster Recap



## TOILETING

Thank you to everyone who came to our recent Parent Group Topic Taster on Toileting! We all discussed and shared our tips for toileting at home. Here is a brief summary of the things we discussed.

### Setting the Scene

Make the toilet a calm, inviting place for your child. You can:

- Decorate the walls with your child's favourite things
- Play your child's favourite music in the bathroom
- Bring toys or books that your child loves into the bathroom



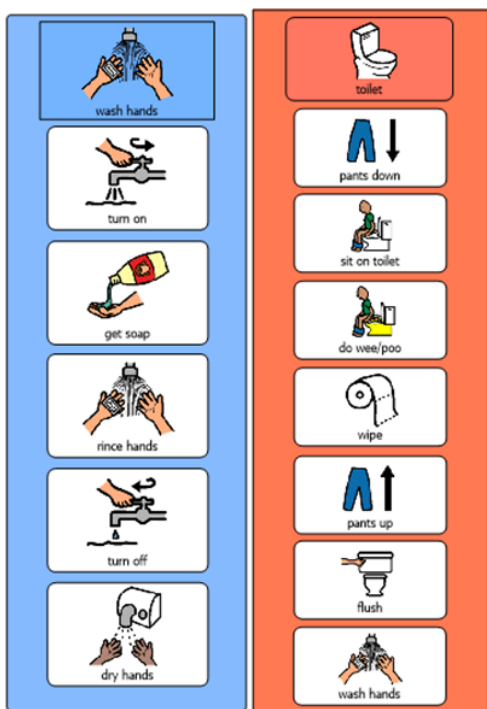
### Fluids



Support your child to drink water throughout the day. You can try these things:

- Use fun cups, bottles and straws
- Add a squeeze or slice of lemon or orange
- Add food dye to water

### Language



- Use consistent words that work for your child, eg: "time for wee", or "time for toilet"
- Show your child the toilet visual when it's time for the toilet
- Use visual schedules for toileting steps
- Remember to keep toileting positive!

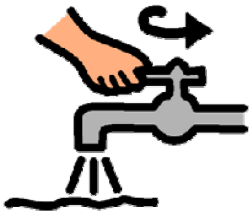




Wash hands



turn on



get soap



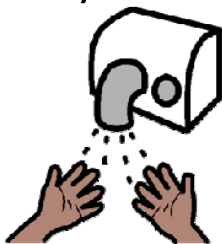
rinse hands



turn off



dry hands



toilet



pants down



sit on toilet



do wee/poo



wipe



pants up



flush toilet







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# UNIFORM ORDER FORM

ITEM		PRICE	SIZE 4	SIZE 6	SIZE 8	SIZE 10	SIZE 12	SIZE 14	SIZE 16	TOTAL
Polo Shirt Short Sleeve	Maroon	\$18.00								
Polo Shirt Long Sleeve	Maroon	\$21.00								
Bomber Jacket	Navy	\$38.00								
Windcheater	Maroon	\$25.00								
Polo Collar Windcheater	Navy	\$24.00								
Polar Fleece Vest	Navy	\$23.00								
Skort	Navy	\$18.00								
Shorts Rugby	Navy	\$14.00								
Trackpants Reinforced	Navy	\$18.00								
Summer Dress	Navy	\$34.00								
Winter Tunic	Navy	\$44.00								
Parka Lightweight	Navy	\$32.00								
Hat (Bucket) S M/L L/XL	Navy	8.00								
ITEM		PRICE	SIZE 18	SIZE 20	SIZE 22	SIZE 24	SIZE 26			TOTAL
Polo Shirt Short Sleeve	Maroon	\$22.00								
Polo Shirt Long Sleeve	Maroon	\$26.00								
Bomber Jacket	Navy	\$38.00								
Windcheater	Maroon	\$30.00								
Polo Collar Windcheater	Navy	\$30.00								
Polar Fleece Vest	Navy	\$26.00								
Shorts Rugby	Navy	\$18.00								
Trackpants Reinforced	Navy	\$25.00								
Summer Dress	Navy	\$38.00								
Parka Lightweight	Navy	\$35.00								
<b>TOTAL</b>										

Name of student: \_\_\_\_\_

Class: \_\_\_\_\_

Date of order: \_\_\_\_\_

Payment Method: Cash  Card

Credit Card Details: \_\_\_\_\_

Expiry Date: \_\_\_\_\_