

## **Dates & Events**

Wednesday August 24

**Book Week Incursion**

Friday August 26

**Book Week Dress Up Day**

Wednesday September 7

**Curriculum Day (No Students)**

Thursday September 15

**Footy Jumper Parade**

Friday September 16

**Last Day of Term 3 (1:00pm Finish)**

### **A MESSAGE FROM THE PRINCIPAL**

**A big thank you to all families for keeping unwell children at home and keeping us updated on COVID cases.**

Rapid Antigen Tests (RATs) continue to be available to students to ensure that parents and carers will have them handy should they need them if their child has symptoms or is a household contact. If your child is unwell, they need to stay home until their symptoms are gone.

If your child is going to be absent from school, we kindly ask that you call us to advise your child's teacher, or put a note in the communication book in advance if you know they'll be away for a specific reason. The school phones are manned from 8am.

### **LATE ARRIVALS & EARLY DEPARTURES**

A friendly reminder that our school day starts at 8:50am and students are expected to be at school by 9:30am.

Students leaving early for the day need to be picked up at 1:20pm, the start of our playtime, to minimise interruptions to learning time and to support our staff, particularly as staffing continues to be very limited.

### **BOOK WEEK DRESS UP DAY**

It's Book Week next week! Next Friday, the 26th of August, all our students are invited and encouraged to dress up as their favourite book character and to participate in a range of literature based activities. We can't wait to see everyone dressed as their favourite literary characters!

## **Principal's Award**



### **Leon Hanna**

For enthusiastically transitioning through the school yard by doing amazing walking using his new walker.

We are all so proud of Leon's hard work towards increasing his independence.

Well done, superstar!

**Megan Adams**

Acting Principal





DRESS UP AS YOUR FAVOURITE BOOK CHARACTER  
AND JOIN US FOR A BSDS

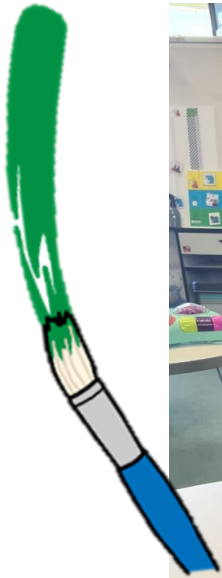
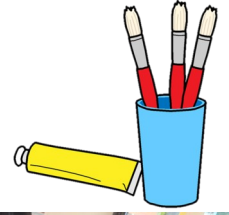
# BOOK WEEK CELEBRATION



FRIDAY, 26TH OF AUGUST

# MARK MAKING IN ROOM 7

Students in Room 7 have been working really hard on their mark making during Term 3, and they have all really enjoyed painting. Whether it's using our feet, our hands, paint brushes or watching the paint drip from an adult's paintbrush, everyone has a go! We recently all painted a 3D image of the first letter in our name which is proudly displayed on our classroom window!



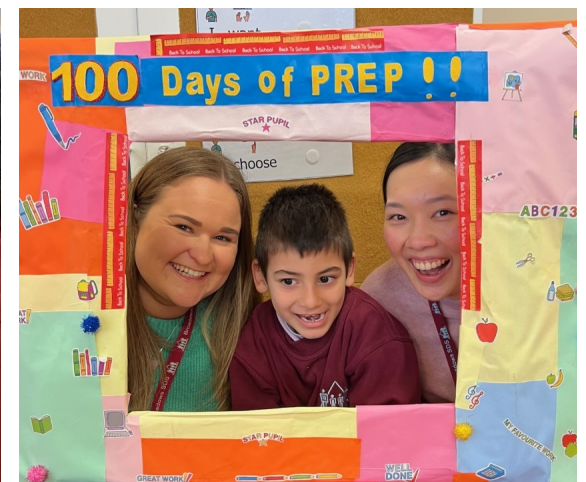
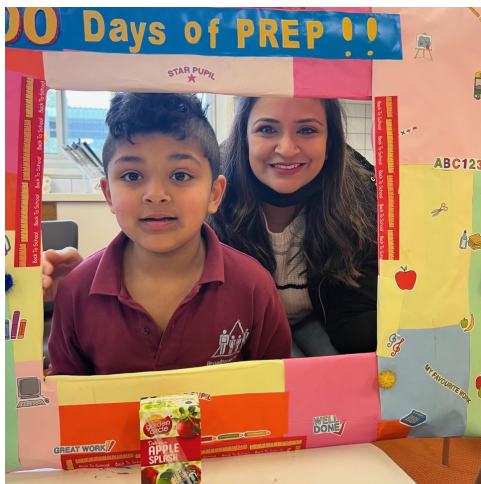
# 100 DAYS OF SCHOOL

In Term 3, Week 3, the Foundation students reached a once in a lifetime milestone — **100 DAYS OF SCHOOL** for the very first time! Throughout the week, students invited their parents to come to school with them to share some of the fun learning activities that they do at school. The Foundation students also held class celebrations and participated in special themed activities related to the number 100 including, making 100s & 1000s fairy bread and making 100 day crafts.

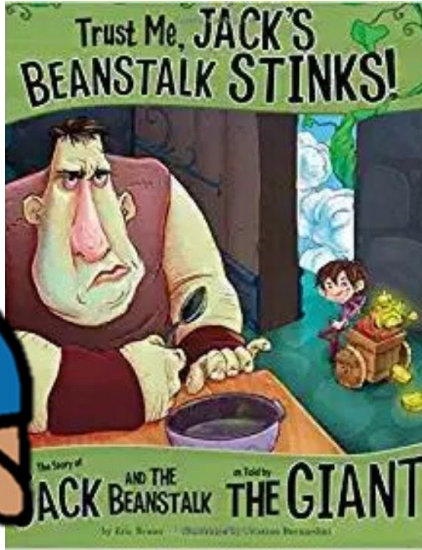
We have had such a great time celebrating!



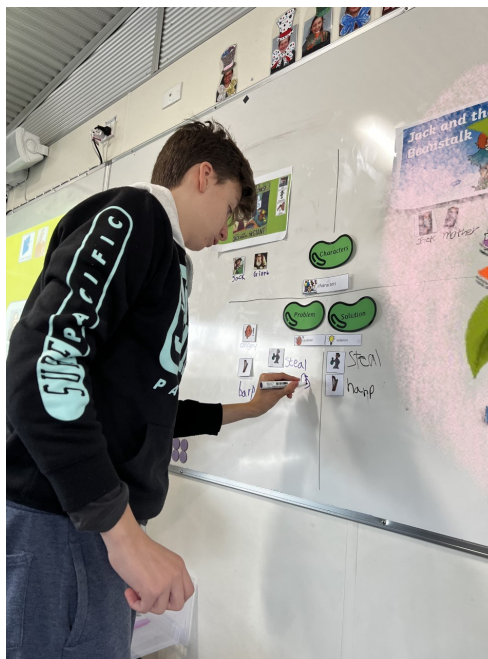
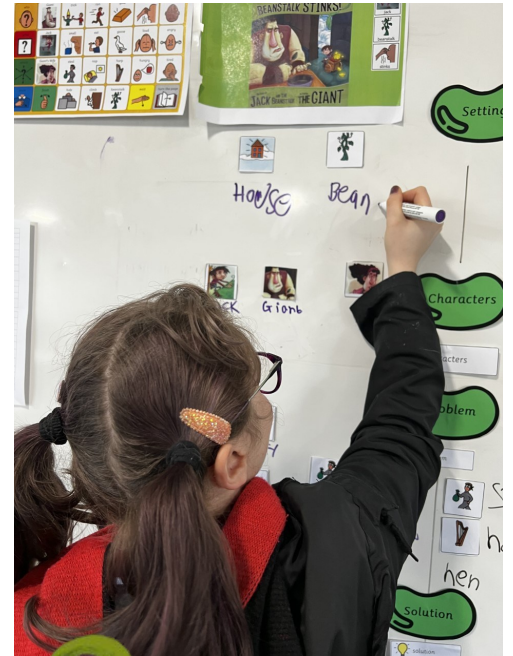
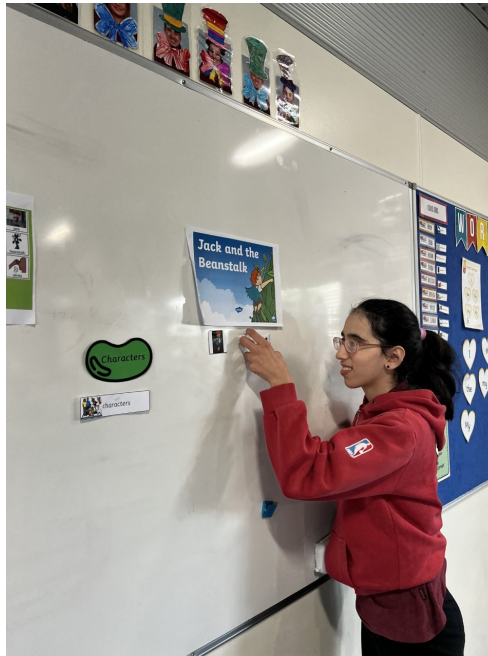
# 100 DAYS OF SCHOOL



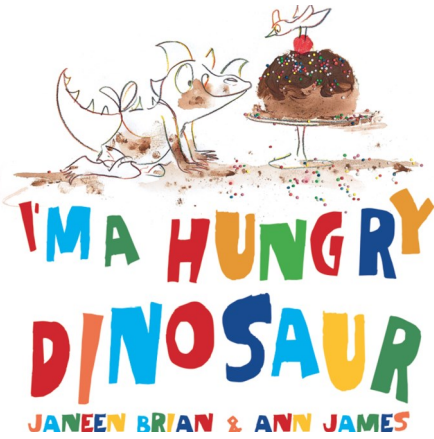
# JACK & THE BEANSTALK AND ROOM 20S



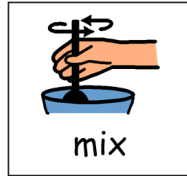
In Room 20S we have been comparing different versions of the story Jack and The Beanstalk during our Literacy sessions. With one story told from Jack's perspective, he is adventuring and taking things from a scary giant, while the other story has the Giant seeing Jack as a thief. We have loved pointing out the differences and comparing the characters based on who is telling the story and have been engaging in different activities to show our comprehension.



# HUNGRY DINOSAURS IN ROOM 8



In Room 8, one of our favourite sessions of the week is cooking. We love taking turns with our peers to mix, pour, scoop, smell, and taste all the different ingredients in our recipe. This week we read 'I'm a Hungry Dinosaur', and followed each of the rhyming steps to make a chocolate cake. Some of us thought our cake was yummy, but some of us thought it tasted yucky!



I'm a hungry dinosaur  
I'm hungry for some cake.



**CHOMP, CHOMP,  
CHEW, CHEW,  
MAYBE ONE  
MORE SLICE!**

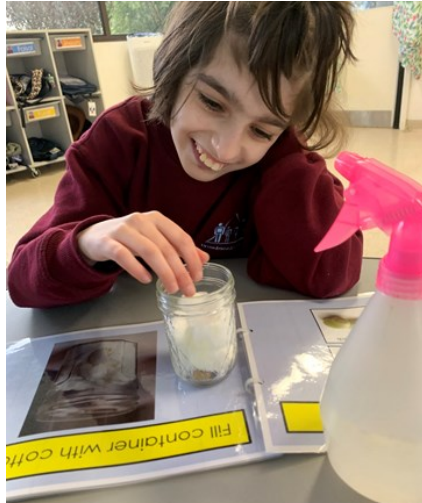
I'm a hungry dinosaur  
I really love to bake.



# GARDENING WITH ROOM 14S



In Room 14S our Semester 2 theme is, 'In the Garden'. In science we have been planting seeds in cotton wool and planting seeds in plastic bags. The students have also been highly engaged in our garden sensory story. Happy exploring Room 14S!





# ON THE MOVE IN ROOM 18, 19 & 20



On the Dimboola campus, students in Room 18, 19 and 20 have really enjoyed experimenting with different objects this semester as part of their Science studies unit, "On The Move".

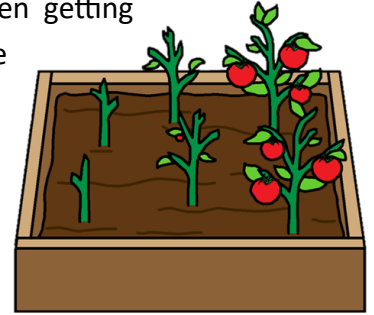
We have had lots of fun testing our favourite objects around the classroom and seeing whether they sink or float when placed in water. We have also been making wind powered cars by inflating balloons through a straw, attaching them to cars and watching as they fly across the classroom!



# IN THE GARDEN WITH ROOM 8S

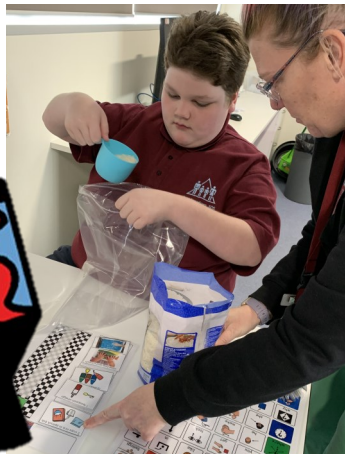


This term in science, Room 8s has been getting their hands dirty in the garden! We have been having so much fun doing science experiments and working on planting our very own classroom garden!



# EXPLORING IN ROOM 4S

Science and Discovery sessions in Room 4S have been so much fun this term! We have been making lava lamps and coloured rice that we then use during the week in the classroom.



Respect

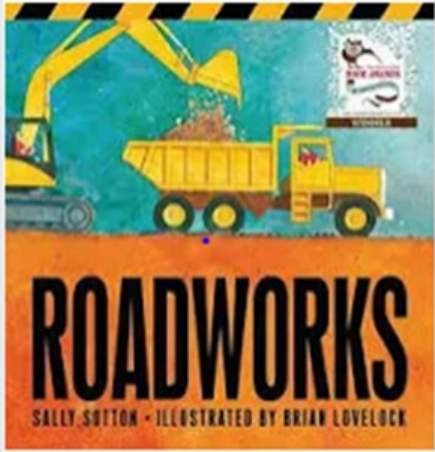
Opportunity

Engagement

Communication

Support

# LET'S LEARN TOGETHER WITH ROOM 15 AND 16



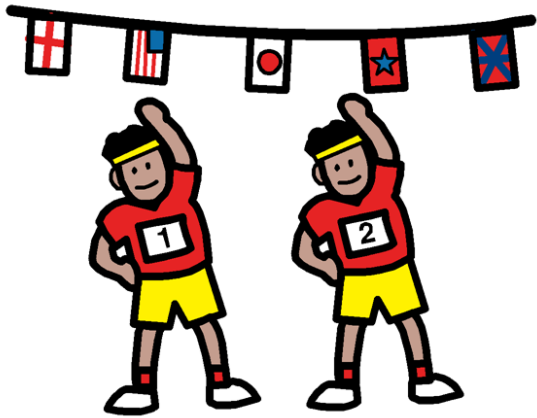
Students in Rooms 15 and 16 have enjoyed reading the story Roadworks during our 'Let's Learn Together' program. They have engaged with the sensory elements related to the story and used different forms of visuals and ALDs to request for certain items. During this program, students are also learning to share, further developing their communicative skills, and participating in exploratory play with others. As a whole, the program encourages socialisation and conversations.

It has been fantastic to see all the students interact so beautifully with their peers from different classrooms. We look forward to seeing this continue throughout the term.

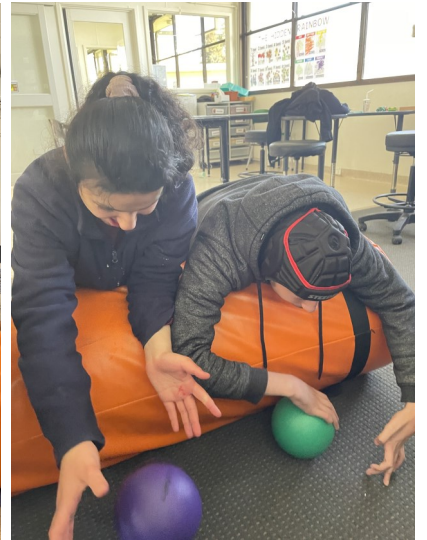


# PHYSICAL EDUCATION AT BSDS

## Commonwealth Games at Broadmeadows SDS



This term, we have been exploring the Commonwealth Games and its different events. Some of us have been participating in the Opening ceremony - from the cheering crowd to marching in like an Australian athlete. Others have been gymnasts practicing how to tumble, roll and jump across the mat, or soaring with our swings like the men do on the rings. A few have been demonstrating their prowess on the field practicing how to throw just like all the shot-putters and javelin throwers. Cycling like the road cyclists around the yard zooming past as other classes wave and cheer us on. Our teachers: Muireann, Caitlin and Kate along with all our Education Support act like our coaches guiding us and supporting us as we continue to explore all the different events that make up the Commonwealth Games.

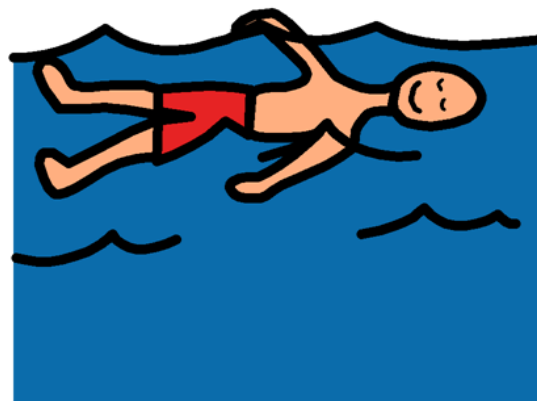


# BSDS Physiotherapy

## Aquatic Physiotherapy

Aquatic physiotherapy (also known as Hydrotherapy) is a specifically designed exercise program completed in a heated swimming pool and supervised by an experienced physiotherapist.

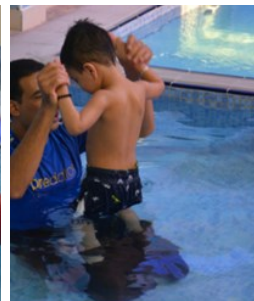
Aquatic physiotherapy uses pool water to help children exercise, stretch and strengthen their body and improve their function. An aquatic physiotherapy pool is warmer than a regular swimming pool which can help loosen muscles and joints, relieve pain, and ensures children do not get too cold during their session.



### The benefits of water exercise include:



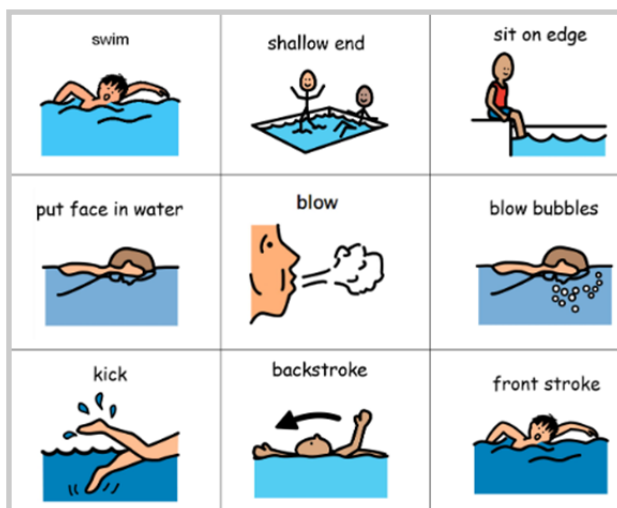
- Water pressure reduces swelling
- Warm water relieves muscle tension
- The resistance the water provides is seven times greater than air and can be used to strengthen your muscles
- The effect of buoyancy and the absence of gravity assist in improved ability to walk and move freely. This makes it easier for children to do some exercises and movements than it is compared to outside of the water.



Supervised hydrotherapy is often particularly good when used in combination with traditional forms of physiotherapy and is a great way of exercising. Children can make significant improvements in their strength and function which can then help them with activities when they are living their daily lives.

Most aquatic physiotherapy services can be funded through individual NDIS plans. Visit the NDIS service provider portal for services - <https://www.ndis.gov.au/participants/working-providers/find-registered-provider/provider-finder>

The Royal Children's Hospital Physiotherapy Department also offers NDIS funded aquatic physiotherapy - <https://www.rch.org.au/uploadedFiles/Main/Content/physio/NDIS%20Information%20Pack%20-%20Aquatic%20Physiotherapy.pdf>



# BSDS Occupational Therapy

## Building Independence in Everyday Activities

At BSDS there is a big focus on building and maintaining student's independence as much as possible. This helps ensure that our students can participate in their everyday activities at home, in the community and once they graduate from school, with as little assistance as possible.

Building on student's independence can be done through something called 'grading'.

Grading occupational therapy interventions simply means increasing or decreasing the difficulty of the intervention that is provided based on how your child is responding to it. If the activity is too easy, you would grade it up to make it a greater challenge. On the other hand, if the intervention is too difficult, you will decrease the difficulty of the task. Grading interventions appropriately makes a "just-right challenge" so your child can effectively learn the task that is required.



### Grading can be done with just about any task! Things such as...

- Dressing and doing up shoelaces
- Cooking
- Cleaning
- Fine motor skills like writing, cutting, and pasting
- Gross motor skills
- Focussing attention
- Using a computer



### The steps for grading with scissor cutting would look like:

1. Learn to snip with scissors
2. Learn to cut straight lines
3. Practice cutting in different directions (gentle curves like a circle, or practicing the corners of a square)
4. Complete complex scissor cutting skills like zig-zags or star shapes



### ONSITE CAMPUS TOURS 2022

We are delighted to invite you to join us for an onsite tour of our campuses and find out more about what Onemda can offer to help you achieve your goals!

There will be tours available at each Onemda campus, for the remainder of 2022. By attending, you will be able to view our facilities, be introduced to some of our Onemda team and of course, your fellow Onemda community members.

**WHERE:** All Campuses

**WHEN:** Multiple tour dates are available for the remainder of 2022 at EACH campus.

**RSVP:** Register by visiting [onemda.com.au](https://onemda.com.au) and clicking the 'Enrol Now' button, or scan the QR code shown.

We are so pleased to be able to offer these onsite tours once again, and we look forward to seeing you in person soon!

*The Onemda Team*



SCAN CODE  
TO REGISTER



# FOOTY COLOURS DAY



## THURSDAY, SEPTEMBER 15

Join us for a footy parade!

Dress up in your favourite football team colours..



**Broadmeadows**  
SPECIAL DEVELOPMENTAL SCHOOL

# UNIFORM ORDER FORM

ITEM		PRICE	SIZE 4	SIZE 6	SIZE 8	SIZE 10	SIZE 12	SIZE 14	SIZE 16	TOTAL
Polo Shirt Short Sleeve	Maroon	\$18.00								
Polo Shirt Long Sleeve	Maroon	\$21.00								
Bomber Jacket	Navy	\$38.00								
Windcheater	Maroon	\$25.00								
Polo Collar Windcheater	Navy	\$24.00								
Polar Fleece Vest	Navy	\$23.00								
Skort	Navy	\$18.00								
Shorts Rugby	Navy	\$14.00								
Trackpants Reinforced	Navy	\$18.00								
Summer Dress	Navy	\$34.00								
Winter Tunic	Navy	\$44.00								
Parka Lightweight	Navy	\$32.00								
Hat (Bucket) S M/L L/XL	Navy	8.00								
ITEM		PRICE	SIZE 18	SIZE 20	SIZE 22	SIZE 24	SIZE 26			TOTAL
Polo Shirt Short Sleeve	Maroon	\$22.00								
Polo Shirt Long Sleeve	Maroon	\$26.00								
Bomber Jacket	Navy	\$38.00								
Windcheater	Maroon	\$30.00								
Polo Collar Windcheater	Navy	\$30.00								
Polar Fleece Vest	Navy	\$26.00								
Shorts Rugby	Navy	\$18.00								
Trackpants Reinforced	Navy	\$25.00								
Summer Dress	Navy	\$38.00								
Parka Lightweight	Navy	\$35.00								
<b>TOTAL</b>										

Name of student: \_\_\_\_\_

Class: \_\_\_\_\_

Date of order: \_\_\_\_\_

Payment Method: Cash  Card

Credit Card Details: \_\_\_\_\_

Expiry Date: \_\_\_\_\_