

#### FORTNIGHTLY NEWSLETTER TERM 1 • ISSUE 2 • 24TH FEBRUARY 2023

#### **Dates & Events**

## TERM 1, 2023

Friday March 3 PSG Day (No Students)

Monday March 6

Annual General Meeting

School Council

Monday March 13 Labour Day (Public Holiday)

Thursday March 16 Post School EXPO

Thursday March 30 Years 7 & 10 Immunisations

Thursday April 6 Last Day of Term 1 (1:00pm Finish)

Friday April 7 Public Holiday (Good Friday)

#### A MESSAGE FROM THE PRINCIPAL

#### Each year as part of developing educational learning programs for our students, we set individualised learning plans and goals through the Program Support Group (PSG) process.

The PSG is a team of people that work collaboratively to develop, write, monitor and evaluate these individualised learning plans. Over the last few weeks, classroom teachers and classroom therapists (including Speech Pathologists, Occupational Therapists and Physiotherapists) have been working closely together to set these key goals that will be targeted across the 2023 school year.

Our PSG Meeting Day **next Friday is a student free day**. We look forward to our PSG meetings, which will further strengthen the collaboration and communication between our teachers and parents/caregivers.

#### 🄝 SCHOOL COUNCIL

Broadmeadows SDS School Council AGM is on the 6th of March 2023, to be followed by a school council meeting.

On behalf of the school community, we would like to thank the 2022 School Council President, Mancell Cornish and school council parent representatives: Christine Johnson, Stephanie Andrews, and Deb Forehan, also Megan Adams the Department of Education representative. I am pleased to announce that the school council representatives will remain the same in 2023.

#### PERSONAL ITEMS BROUGHT TO SCHOOL

The Department of Education and Training (DET) does not hold insurance for personal property brought to schools. We would like to remind students and parents/carers of this at the beginning of each school year, and to discourage parents/students from bringing any unnecessary or particularly valuable items to school. Please, try and avoid bringing these items (including phones, smart watches, etc.) as it can be most upsetting for all concerned if items go missing or are damaged.

#### PRINCIPAL'S AWARD



#### Ege Pullu

Ege has been a wonderful positive role model to his peers! He arrives at school each day with a smile on his face and an eagerness to learn. He is an attentive listener within the classroom and is always willing to participate in all learning activities. Ege is often the first to follow instructions and ready himself for classroom activities. He always puts in 110% when completing his work. Keep up the great work, Ege!

#### Susi Wirth, Principal

Ph: 9302 1244 • Fax: 9309 7476

# **CHAMPION'S CORNER**

# SUREYA YILMAZ

for her enthusiasm and eagerness to engage in all learning activities. Sureya has been all smiles during the first few weeks of this term. She did a fabulous job making a colourful suncatcher, grew crystals using salt and vinegar, and prepared a delicious salad sandwich during our Cooking program. We are so proud of you, Sureya!



# BILAL AJAJ

for his exceptional work in English. Bilal worked really hard this week to create a 'Silly' sentence using Colourful Semantics along with a hand drawn picture. He then shared his work with his classmates and a chosen staff member. Bilal has really enjoyed working alongside his classmates in a range of different sentence structure activities. Well Done, Bilal!



# MOHAMED SABRA

for showing PE staff how great his skills are across the PE curriculum, we look forward to developing his skills even more throughout the year.



# KAI LUKE & ADAM MAKIEH

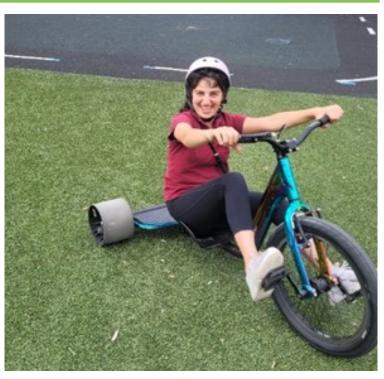
for spectacular engagement in PE this term. They worked together as a team to find the perfect way across the shape mountains and pathways created on the Ninja course. Both boys also helped their peers along the way.



## **SHOPPING IN ROOM 16S**

The students in Room 16S have had a great start to the year! Kicking it off with our Supported Independent Living program, we have been practising skills involved in shopping - including, setting up a shop and choosing items to sell, operating a cash register, greeting customers, obeying road rules when travelling to the shops, and many more. The students have loved roleplaying as shopkeepers or customers and have already come up with some great ideas.

Such amazing work Room 16S!



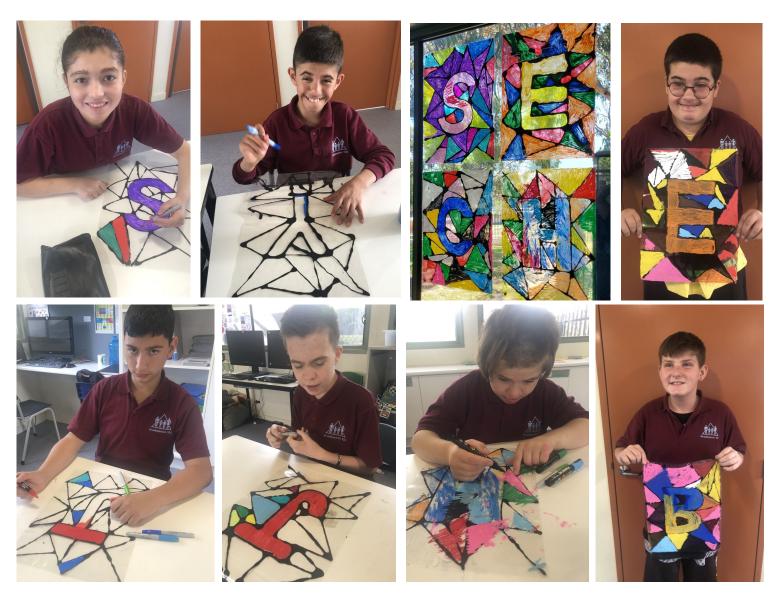


# **A COLOURFUL START IN ROOM 17S**

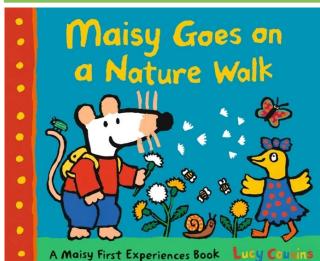
The students in Room 17S have had a brilliant start to the new school year. They have participated in lots of exciting learning activities, including making salt and vinegar crystals in our Science program, preparing salad sandwiches in Cooking and discovering the history of some of Melbourne's famous sites including Luna Park. This week we created suncatchers featuring the first letter of our first name. These have been displayed in the windows of our classroom to add a colourful touch to our learning space.



Well done, Room 17S!



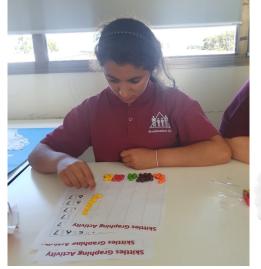
# **EXPLORING NATURE WITH ROOM 29**



Room 29 have been reading the Sensory Story, "Maisy Goes on a Nature Walk". We've been using props and sensory materials to re-enact and experience elements of the story. In the story, Maisy walks through various settings, such as a pond, the woods and a wildflower garden. She sees lots of different animals living in their different habitats. She eventually has a picnic with her friends in the park. The students enjoyed exploring the different habits using toy animals in mini replicas of their environments. They got to hear the different sounds that the animals make, smell the scent of the wildflowers and search for minibeasts, just like Maisy does, using a magnifying glass.



# **SKITTLES GRAPHING WITH ROOM 12S**

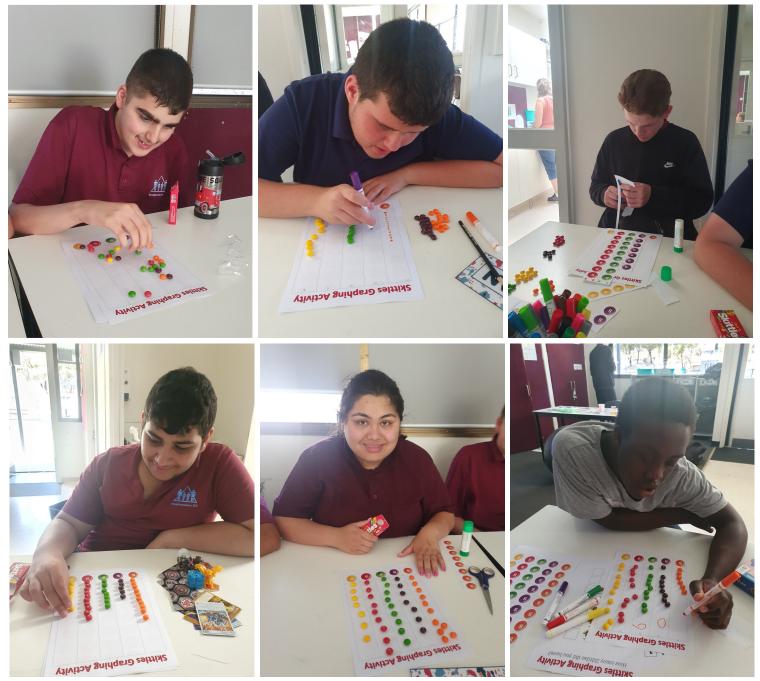




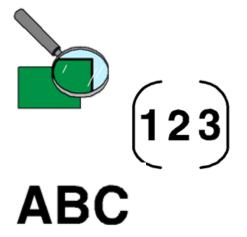


The students in Room 12S have been enjoying a range of different fun and engaging graphing and questioning activities in Maths.

This week in particular, the students were given a packet of Skittles and were asked "What colour was the most and least in their packet".



# **ROOM 8'S IMPRESSIVE INQUIRY**



Students in Room 8 have had an extremely positive start to the year, and have demonstrated so much engagement during our morning 'Inquiry' program where they work on their literacy and numeracy skills.

They have explored literacy concepts such as letter and sound recognition, and numeracy concepts such as counting, patterns and shapes.

They enjoy exploring this within sensory elements such as jelly, rice and shaving foam.

Well done, Room 8!

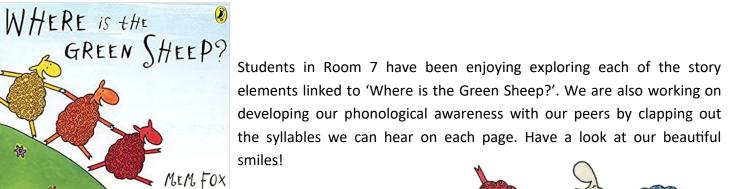


# **BAA BAA GREEN SHEEP**

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Engagement

# PLAY IN ROOM 1



This term in Room 1, we have loved getting to know each other better by exploring play together! We have been practicing our turn-taking and waiting skills alongside our peers, while sharing some of our favourite toys and games.

Some of our favourite activities to play together have been building with blocks, playing hair-dressers with the baby dolls, putting together the Mr Potato Head's and racing toy cars!

















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Opportunity

# MAGIC MILK!



Students in Room 22 had a great time engaging in a science experiment where they were asked to pour 1 cup of milk into a bowl, choose a colour to have in their bowl, and then use a cotton bud with soap on the end. It was very exciting to see a special chemical reaction once the soap touched the food colouring in the milk! Everyone did a great job measuring out the milk, pouring and exploring the colours.



# **STUDENTS AT WORK**



Students in Room 2 have been busy at work as they explore different textures through small world play in their Science program. Last week, we focused on construction play as we explored dry ingredients such as cocoa powder, Weet-Bix, and dried white beans.













# LOTS OF LOVE IN ROOM 2S

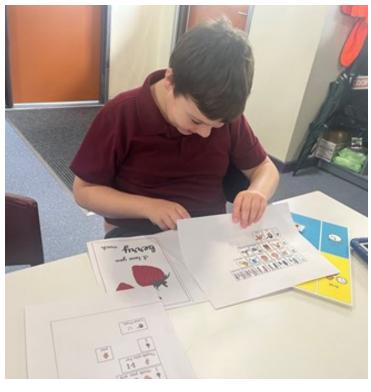


Room 2S worked hard last week on their fine motor skills making a Valentine's craft. In literacy they made a card for their loved ones and were very eager to share it with them.









## **PERFORMING ARTS**



#### **TAP TAP TAP!**

At BSDS, the Performing Arts program has been focusing on making group music through drumming. At both Dimboola and Sorrento, students have been drumming on an assortment of instruments such as lollipop drums, djembes, colourful cushions and blow up exercise balls. Using an assortment of surfaces creates a new drumming experience and timbre (sound type). Drumming encourages the use of fine and gross motor skills. Drumming together is a fantastic engagement tool encouraging creative music making as well as teaching the musical elements of sound, silence, tempos and speed.























Physiotherapy at Broadmeadows SDS

# **Exercise Balls**





Exercise balls are a simple and easy piece of 'equipment' for individuals to use at home in a variety of ways. Simple movements on or with an exercise ball helps to strengthen global and core muscle groups; and increase endurance, motor planning, body awareness, and postural control.

Exercise balls come in different sizes and colours, and really help to challenge balance and multi-tasking of the whole body. A peanut ball is similar to an exercise ball and can be used by individuals that have less sitting balance ability.





#### Examples of activities using an exercise ball

- Sitting with/without bouncing
- Standing and bouncing
- Rolling over tummy or over back
- Standing and lifting ball up/down over head



Occupational Therapy at Broadmeadows SDS

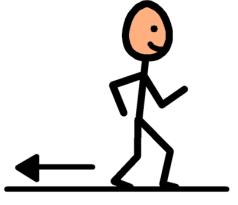
# **Backward Chaining**

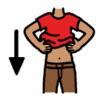
Occupational Therapists can help with developing independence in activities of daily living, particularly self-care skills. One of the strategies we use is called "backward chaining."

This strategy involves breaking down a task into steps. We then help the child to do all the steps except the last one, which they do.

For example, when putting on a t-shirt, a child needs to:

- 1. Lay the t-shirt down
- 2. Pick up the t-shirt
- 3. Place the t-shirt over their head and put it through
- 4. Hold up one sleeve and put their arm through it
- 5. Do the same with the other arm and sleeve
- 6. Pull down the t-shirt.





#### How do I use backward chaining?

The first thing the child learns is to pull their shirt down.



#### My child can do that now. What's next?

The child will then learn how to put their arms through the sleeves and so on.

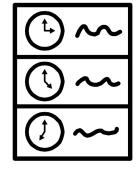
We give less help as the child is able to finish each step

This is a great way to work on independence with your child at home and can also be applied to other areas of self-care.

#### Some other things to think about:

- 1. Work on a skill when it's less busy (e.g. weekends, night times)
- 2. Keep things in routine repetition is key to learning a new skill.
- 3. Keep things light and positive remember to give specific praise!







Post School Options EXPO Thursday 16th March 2023 If your young person is finishing school this year or next year you should consider attending this event.

Don't miss out on your chance to meet and chat to various service providers from Adult Day Services, Supported Employment Networks, Employment Networks, TAFE, Local Community/ Council Networks, and information on NDIS



#### Date: Thursday March 16th 2023

Time: 4.00 pm-6.30pm

Location: Meadows Conference and Events Centre 80 Northcorp Blvd, Broadmeadows, 3047



For further information contact : Robert MacLeod 9302 1244



#### **UNIFORM ORDER FORM**

| ITEM                    |        | PRICE   | SIZE 4  | SIZE 6  | SIZE 8  | SIZE 10 | SIZE 12 | SIZE 14 | SIZE 16 | TOTAL |
|-------------------------|--------|---------|---------|---------|---------|---------|---------|---------|---------|-------|
| Polo Shirt Short Sleeve | Maroon | \$18.00 |         |         |         |         |         |         |         |       |
| Polo Shirt Long Sleeve  | Maroon | \$21.00 |         |         |         |         |         |         |         |       |
| Bomber Jacket           | Navy   | \$38.00 |         |         |         |         |         |         |         |       |
| Windcheater             | Maroon | \$25.00 |         |         |         |         |         |         |         |       |
| Polo Collar Windcheater | Navy   | \$24.00 |         |         |         |         |         |         |         |       |
| Polar Fleece Vest       | Navy   | \$23.00 |         |         |         |         |         |         |         |       |
| Skort                   | Navy   | \$18.00 |         |         |         |         |         |         |         |       |
| Shorts Rugby            | Navy   | \$14.00 |         |         |         |         |         |         |         |       |
| Trackpants Reinforced   | Navy   | \$18.00 |         |         |         |         |         |         |         |       |
| Summer Dress            | Navy   | \$34.00 |         |         |         |         |         |         |         |       |
| Winter Tunic            | Navy   | \$44.00 |         |         |         |         |         |         |         |       |
| Parka Lightweight       | Navy   | \$32.00 |         |         |         |         |         |         |         |       |
| Hat (Bucket) S M/L L/XL | Navy   | 8.00    |         |         |         |         |         |         |         |       |
| ITEM                    |        | PRICE   | SIZE 18 | SIZE 20 | SIZE 22 | SIZE 24 | SIZE 26 |         |         | TOTAL |
| Polo Shirt Short Sleeve | Maroon | \$22.00 |         |         |         |         |         |         |         |       |
| Polo Shirt Long Sleeve  | Maroon | \$26.00 |         |         |         |         |         |         |         |       |
| Bomber Jacket           | Navy   | \$38.00 |         |         |         |         |         |         |         |       |
| Windcheater             | Maroon | \$30.00 |         |         |         |         |         |         |         |       |
| Polo Collar Windcheater | Navy   | \$30.00 |         |         |         |         |         |         |         |       |
| Polar Fleece Vest       | Navy   | \$26.00 |         |         |         |         |         |         |         |       |
| Shorts Rugby            | Navy   | \$18.00 |         |         |         |         |         |         |         |       |
| Trackpants Reinforced   | Navy   | \$25.00 |         |         |         |         |         |         |         |       |
| Summer Dress            | Navy   | \$38.00 |         |         |         |         |         |         |         |       |
| Parka Lightweight       | Navy   | \$35.00 |         |         |         |         |         |         |         |       |
|                         |        |         |         |         |         |         |         |         | TOTAL   |       |

| Name of student:     | <br>Class:                    |
|----------------------|-------------------------------|
| Date of order:       | <br>Payment Method: Cash Card |
| Credit Card Details: | <br>Expiry Date:              |