

## **Dates & Events**

### **TERM 1, 2024**

Friday March 8

- **PSG Day (Student Free Day)**
- **Parent Group Topic Taster (10am and 2pm)**

Monday March 11

**Labour Day (Public Holiday)**

Wednesday March 13

**Flying Bookworm Performance (Dimboola Campus)**

Monday March 18

**School Council**

Wed/Thurs March 20 & 21

**Australian Animals Incursion (Sorrento Campus)**

Thursday March 28

**Last Day of Term 1 (1pm finish)**

Friday March 29

**Good Friday (Public Holiday)**

## **A MESSAGE FROM THE PRINCIPAL**

**We hope you had a chance to read over your child's PSG document in preparation for our PSG Meeting day tomorrow.**

Our teachers are very much looking forward to this special opportunity to meet with parents and establish a shared focus for each child's learning goals for the 2024 school year. It will be a lovely day and we thank you in advance for taking the time out of your busy schedule to come in and chat with your child's teacher.



### **SCHOOL COUNCIL**

Our School Council election timeline has now closed.

On behalf of the school community, we extend our gratitude to the 2024 School Council Parent Representatives: Christine Johnson, Mancell Cornish, Deb Forehan and Stephanie Andrews. I sincerely appreciate the ongoing contributions of our School Councillors to our school community.



### **SCHOOL UNIFORM**

Broadmeadows SDS has a compulsory school uniform which is supplied by State Schools' Relief. We firmly believe that wearing the school uniform instils a sense of pride in students' appearance and fosters a strong sense of belonging to the school community. A Uniform Order Form is included at the end of every newsletter for convenient access.



### **DON'T FORGET**

With the Public Holiday on Monday 11th March, I hope you enjoy a lovely long weekend. We look forward to seeing the students return on Tuesday 12th March.

## **Principal's Award**



### **Munroop Kaur**



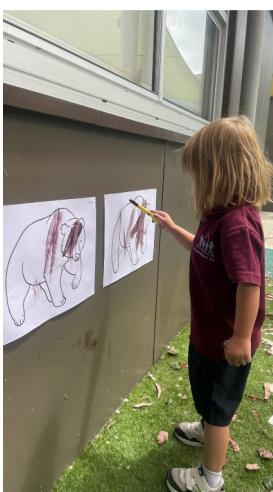
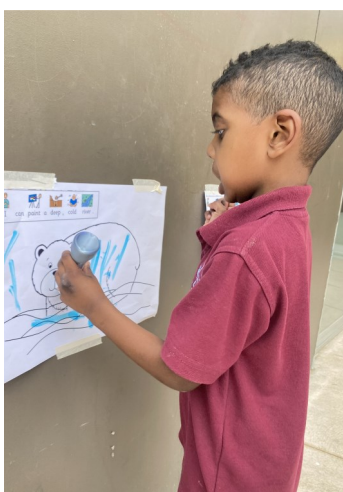
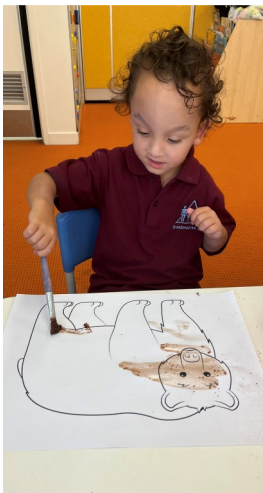
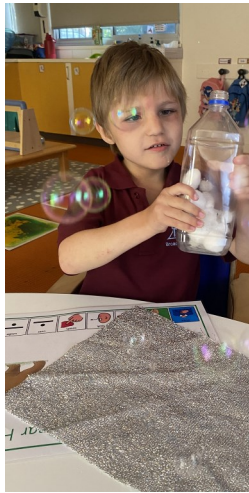
Munroop has made a fantastic return to school. She consistently approaches her school day with cheerfulness and a strong willingness to do her best work, especially in writing and phonics classes. Keep up the excellent work, Munroop! We are all so proud of all your efforts!

**Megan Adams, Acting Principal**



# WE'RE GOING ON A BEAR HUNT IN FOUNDATION!

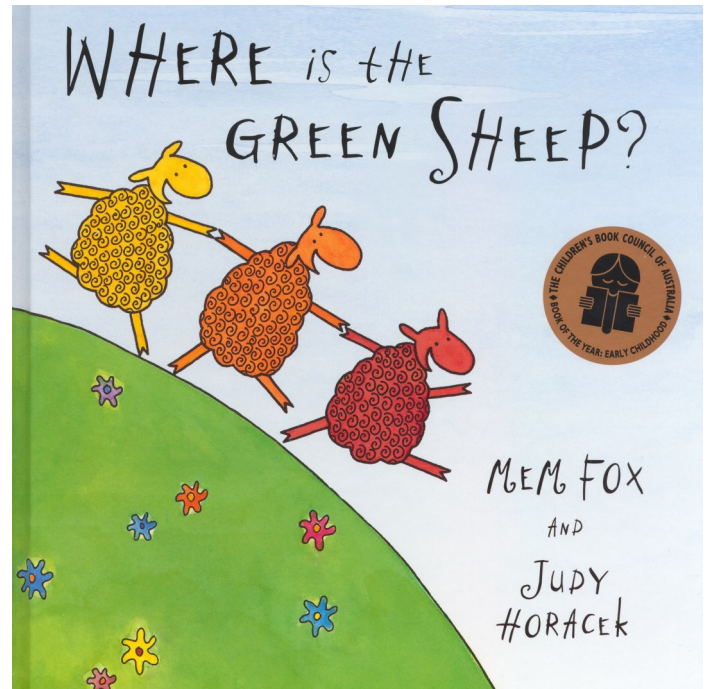
This term, the Foundation students have been exploring the text "We're Going on a Bear Hunt". In addition to reading the familiar story, we've been exploring the sensory elements that make up different parts of the narrative and engaging in obstacle courses. Our experiences have included feeling shaving cream to simulate 'snow', cocoa powder for 'mud' and ice to represent the 'cold river'. It's been an exciting hands-on journey!





# ROOM 7 WANT TO KNOW.. WHERE IS THE GREEN SHEEP?

The students in Room 7 have been having so much fun exploring the different elements of our sensory story, "Where is the Green Sheep?" They have been engaging with different objects and materials of various colours with the Red and Blue Sheep, getting themselves ready for bath time with lots of bubbles and the Bath Sheep and embarking on outdoor adventures to hunt for that sneaky Green Sheep! We've also been using our amazing Sensory Touch ALD that Simon, our Speech Pathologist, created. Super work, Room 7!

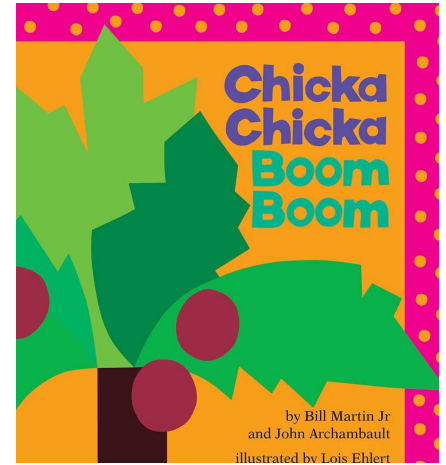


# CHICKA CHICKA BOOM BOOM IN ROOM 22!

The students in Room 22 have kicked off the year with remarkable enthusiasm and engagement, particularly during our Sensory Story program featuring “Chicka Chicka BOOM BOOM”.

This program serves as a platform for further developing their literacy and numeracy skills. They have explored literacy concepts, including letter and sound recognition, while also tackling numeracy concepts such as counting, patterns, and shapes. All of this exploration has been made more appealing by incorporating sensory elements such as coconut flakes, playdough and musical instruments.

Well done, Room 22!



# 'OUR SCHOOL COMMUNITY' BY ROOM 15S

This term, as part of our Geography unit, we are learning about 'Our Community'. In Room 15S, our focus has been on our school community and all the wonderful things it has to offer.

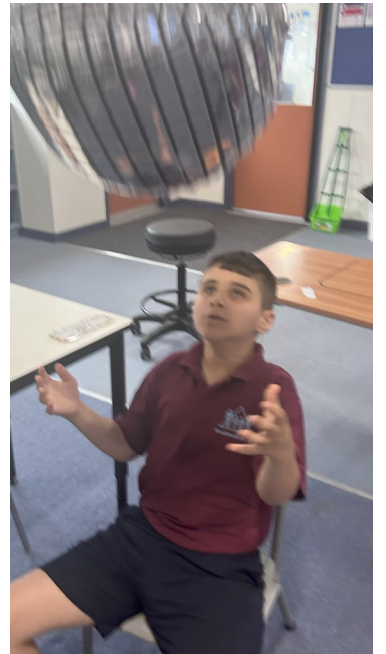
In one session, we completed a 'School Spotting Game'. This involved walking around our campus with a checklist to observe all the great equipment, activities, people and learning spaces we have. Some of the things we found included: trampolines, bikes, kitchen spaces, computers and, of course, our friendly staff and students! We had so much fun working in teams and taking the time to reflect on just how lucky we are to have such a great school community.



# Physical Education at Broadmeadows SDS

The P.E. Department at both the Dimboola and Sorrento campuses has been focusing on developing Fundamental Movement Skills, including climbing, jumping, and balancing, and catching. These activities can be carried out in various learning spaces such as the P.E. hall and Playgrounds. When weather permits, students also explore playground equipment and resources

We're excited to continue planning and developing programs based on the interests and needs of our students.



# Occupational Therapy at Broadmeadows SDS

## Bilateral Coordination

***Bilateral coordination is the ability to control and use the left and right sides of the body at the same time.***

Bilateral coordination includes:

- **Symmetrical movements:** Using both sides of the body to perform the same skill at the same time, such as using both hands to pull apart construction blocks or clapping.
- **Alternating movements:** Using both sides of the body to do the same thing at alternating times, such as pedalling a bike with each foot at different intervals.
- **Using dominant and non-dominant sides together:** Using each side of the body to do a different tasks at the same time, like holding paper with one hand while cutting with scissors with the other.

Having good bilateral coordination allows the hands and feet to work well together! It shows that both sides of the brain are sharing information with each other. This skill is important for completing many daily activities such as walking, getting dressed, eating with hands or cutlery, toileting, and more.

### Ways to practice bilateral coordination at home:

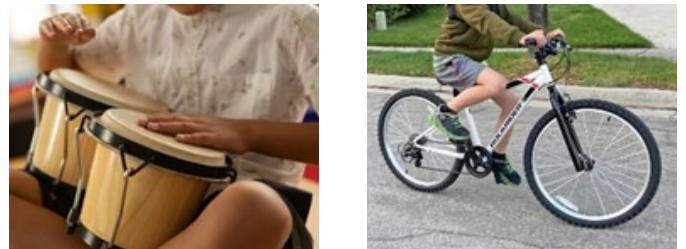
#### Symmetrical movements:

- Pulling apart Lego or Duplo
- Holding a squeeze bottle with both hands to cook or paint
- Rolling a rolling pin over playdough
- Clapping and rhythm games
- Catching and throwing a ball with two hands



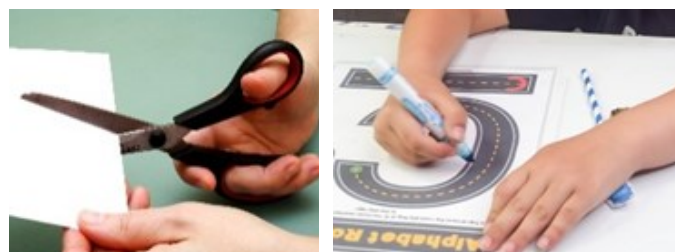
#### Alternating movements:

- Walking, running, swimming, using stairs
- Playing a drum/bongos with alternating hands
- Marching on the spot
- Pedalling a bicycle



#### Dominant and non-dominant

- Colouring, drawing, tracing or writing
- Lacing or threading
- Cooking (i.e. one hand holding the bowl and the other hand mixing, cutting up fruit with a knife, etc.)
- Cutting and pasting activities with scissors and glue.





# Speech Pathology at Broadmeadows SDS

## AAC prompting

*Prompting is different levels of support and cues we can provide to assist a child's communication.*

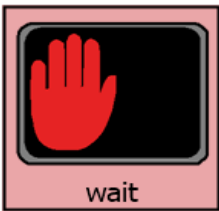


### When can we use prompting?

Prompting is a great tool that can be used when communicating with children. It can be used to help extend communication and language. We can use many different types of prompts such as visual prompts, verbal prompts, textual prompts, etc. For children who use an AAC system such as a PODD book, TD snap core, Proloquo2go etc. we can use what we call a prompting hierarchy.

### What is the prompting hierarchy?

The prompting hierarchy can help communication partners understand the levels of supports they can provide a child when interacting with them.



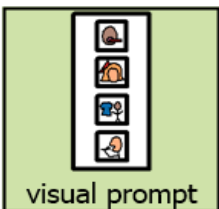
Have an expected pause, allow the child time to process the instruction/information and have a go.



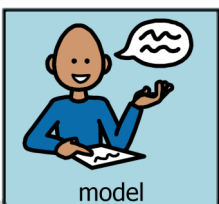
Give a verbal prompt. This may be indirect (e.g. hinting to the child that something is expected, such as "I wonder what you want in the cupboard"? ) or a direct verbal prompt (e.g. telling the child exactly what to do, such as "tell me using your talker")



Use a gesture, such as pointing or visible body actions (e.g. patting your tummy to communicate hunger, etc.)



Use visual supports such as keyword signs and images (e.g. point to two symbols such as 'Do you want an apple or banana?')



Showing the child what to do by modelling the target language on their communication talker.



# Physiotherapy at Broadmeadows SDS



**Our physiotherapists at school support students to participate in their classroom programs. This can include:**

- **Developing and maintaining gross motor skills**  
e.g. running, climbing, jumping, bike riding, building independence.
- **Prescription and reviewing of equipment that is used at school such as:**  
classroom seating, walkers, wheelchairs, standing frames, toileting equipment
- **Providing recommendations and training for staff for:**
  - Student mobility and transfers at school
  - Playtime safety and skills (e.g. playground equipment)
- **Assessment/support of students within specialist programs**  
e.g. P.E., community access, swim program
- **Bike and trike riding skills**
- **Liaison with external physiotherapists**  
to ensure smooth transition of therapy goals and handover between home and school
- **Foot orthotics in conjunction with the orthotists (OrthoKids)**



# **Post School Options EXPO**

## **Tuesday 19th March 2024**

**If your young person is finishing school this year or next year you should consider attending this event.**

**Don't miss out on your chance to meet and chat to various service providers from Adult Day Services, Supported Employment Networks , Employment Networks, TAFE, Local Community/ Council Networks and information on NDIS**



**Date: Tuesday 19th March, 2024**

**Time: 4.00 pm—6.30pm**

**Location:  
Meadows Conference and Events  
Centre  
80 Northcorp Blvd,  
Broadmeadows, 3047**



**For further information contact :**

**Rob MacLeod**

**03 9302 1244**



Welcoming Clubs  
Welcome to the Game

# SCHOOL HOLIDAY INCLUSION PROGRAM

A free basketball experience for children and young people from multicultural backgrounds with disabilities, autism, psychosocial challenges or additional support needs.

Come play basketball with us in a fun, inclusive environment!

**THURSDAY  
APRIL 11 2024**

- ✔ Sensory Space
- ✔ Individual Participation Coaches
- ✔ Modified Activities and Games
- ✔ Parents, Siblings, Support Workers Welcome

<b>Morning Session</b>	<b>Afternoon Session</b>
5 - 11 years old 10 AM - 12 PM	12 - 25 years old 1 PM - 3 PM

**Location**  
Broadmeadows Basketball Stadium, 1 Tanderrum Way Broadmeadows, Vic 3047

**More Information**  
jessica@welcoming.org.au  
0411 097 762



Apply

<https://welcomingaustralia.typeform.com/WTInclusionBBA>



Hume Leisure



Welcoming Clubs  
Welcome to the Game



**FRIDAYS**

**4.30 - 7.30 PM**

**April 19**

**June 21**

**2024**

**BROADMEADOWS  
AQUATIC AND  
LEISURE CENTRE**

**APPLY ↓**



**Welcome to the Game**  
a free inclusive swim  
**PROGRAM**

**FOCUSING ON WATER SAFETY, CONFIDENCE  
AND ENJOYMENT**

**CONTACT:**  
JESSICA@WELCOMING.ORG.AU  
04 11097762

**Eligibility  
Requirements:**

- ✔ Age 5 - 25
- ✔ Born overseas or have a parent born overseas
- ✔ Identify with having a disability/autism/additional support needs

<https://welcomingaustralia.typeform.com/WTGBroadmeadows> \* formal diagnosis not required



**Broadmeadows**  
SPECIAL DEVELOPMENTAL SCHOOL

# UNIFORM ORDER FORM

ITEM		PRICE	SIZE 4	SIZE 6	SIZE 8	SIZE 10	SIZE 12	SIZE 14	SIZE 16	TOTAL
Polo Shirt Short Sleeve	Maroon	\$22.00								
Polo Shirt Long Sleeve	Maroon	\$25.00								
Bomber Jacket	Navy	\$41.00								
Windcheater	Maroon	\$27.00								
Polo Collar Windcheater	Navy	\$26.00								
Polar Fleece Vest	Navy	\$25.00								
Skort	Navy	\$25.00								
Shorts Rugby	Navy	\$19.00								
Trackpants Reinforced	Navy	\$26.00								
Summer Dress	Navy	\$42.00								
Winter Tunic	Navy	\$50.00								
Parka Lightweight	Navy	\$45.00								
Hat (Bucket) S M/L L/XL	Navy	\$15.00								
ITEM		PRICE	SIZE 18	SIZE 20	SIZE 22	SIZE 24	SIZE 26			TOTAL
Polo Shirt Short Sleeve	Maroon	\$26.00								
Polo Shirt Long Sleeve	Maroon	\$30.00								
Bomber Jacket	Navy	\$41.00								
Windcheater	Maroon	\$35.00								
Polo Collar Windcheater	Navy	\$33.00								
Polar Fleece Vest	Navy	\$30.00								
Shorts Rugby	Navy	\$19.00								
Trackpants Reinforced	Navy	\$26.00								
Summer Dress	Navy	\$42.00								
Parka Lightweight	Navy	\$45.00								
<b>TOTAL</b>										

*\*Price increase effective 20<sup>th</sup> November 2023*

Name of student: \_\_\_\_\_

Class: \_\_\_\_\_

Date of order: \_\_\_\_\_

Payment Method: Cash  Card

Credit Card Details: \_\_\_\_\_

Expiry Date: \_\_\_\_\_