

Dates & Events

TERM 2, 2023

Wednesday May 24

**Report Writing Day
(Student Free Day)**

Monday May 29

School Council (1:30pm)

Monday June 12

Public Holiday (King's Birthday)

Wednesday June 14

**Parent's Topic Tasters
(9:30am to 10:30am)**

Week 9 (June 19 – June 23)

**Paper Planet Incursion
(Dimboola Street Campus)**

Thursday June 22

**Australian Animals Incursion
(Sorrento Street Campus)**

Friday June 23

Last Day of Term 2 (1:00pm Finish)

A MESSAGE FROM THE PRINCIPAL

It was wonderful to see so many parents and carers at our recent Topic Tasters workshop last Thursday, the 11th of May.

Three of our BSDS Occupational Therapists presented on Sensory Regulation and discussed lots of helpful strategies that we use at school to help support our students. Thank you to all the parents and carers who attended and we hope we were able to answer some of your questions. We have attached the information pamphlet that was presented at the Topic Tasters session to the end of this newsletter for you all to read. We hope to see you at our next Topic Tasters session on Communication Strategies!



EDUCATION SUPPORT (ES) STAFF APPRECIATION DAY

We are so lucky to have amazing ES staff who continually support and guide the students they work with. On Tuesday, the 16th of May, we celebrated our wonderful ES staff. We appreciate and recognise the positive impact they have in the lives of our students, teachers and families, as well as their many contributions to our school.

A big thank you to all the amazing Education Support staff we have at Broadmeadows SDS. We are so lucky to have you!



SCHOOL RUNS FROM 8:50AM - 3:00PM

With teaching and learning programs running from the start to the end of the school day, it's important that our students are able to fully engage in their classroom programs with minimal interruptions to learning time.

We continue to ask that if students need to leave early for the day for an appointment, they are picked up at 1:20pm, the start of our play time.

Thank you to all of our school parents and carers for supporting our school staff by following the pick up times of 3:00pm or 1:20pm.

!! LOOKING AHEAD

We have a Report Writing Day coming up next Wednesday, the 24th of May. **A reminder that there will be no school for students on this day.**

PRINCIPAL'S AWARD

Zara Garip



My Principal's Award for this fortnight goes to Zara for being a great friend in the classroom and out in the yard. Zara continues to build on her confidence when initiating interactions with her peers through favoured play themes such as babies, cooking and hairdressing. She has also pleased classroom staff with her ability to follow simple rules in social games such as bowling and Hungry Hippo's. Well done, Zara!

Susi Wirth, Principal



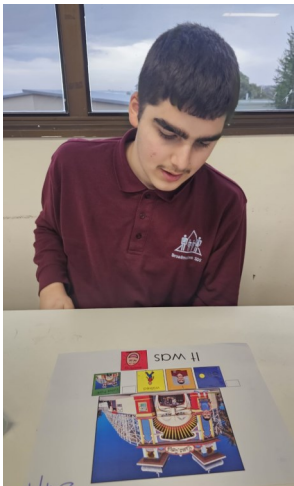


CHAMPION'S CORNER



ARI SALIKAS

for continuing to develop his problem solving, logical thinking and creative skills during 'Discovery' magnetic play. It is great to see Ari exploring how different parts of the magnets exert a force which help him build his structure 'big!' and 'tall!' We are just as thrilled as you, Ari! Well done.



ZAIA SLEWA

for such impressive writing during Story Writing sessions. Recently, he did a great job of completing a rough draft of his story before publishing the final copy on the computer.



MATTHEW TAYLOR & JOSEPH FERNANDES

for working beautifully together in the classroom when preparing coloured pasta. Matthew and Joseph have been enjoying each other's company and were recently caught having a laugh together.

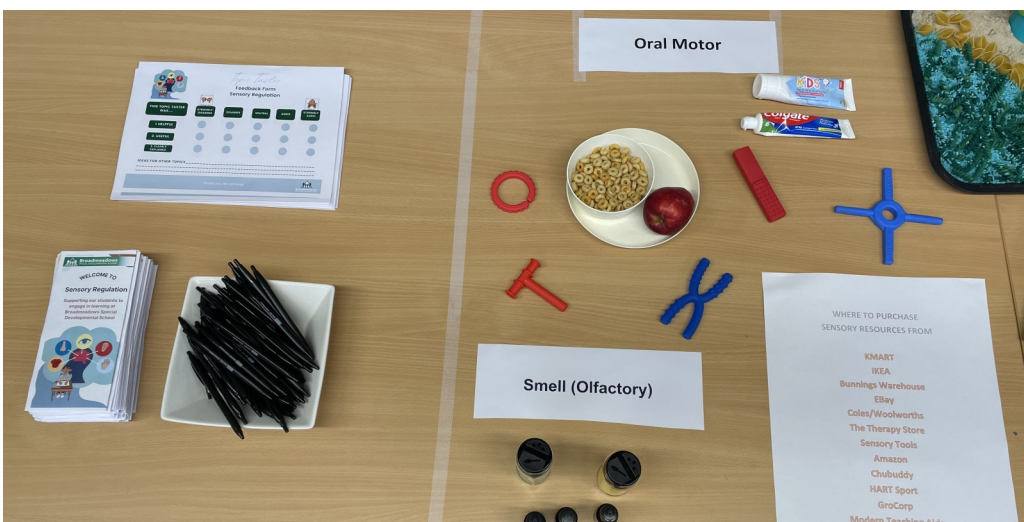
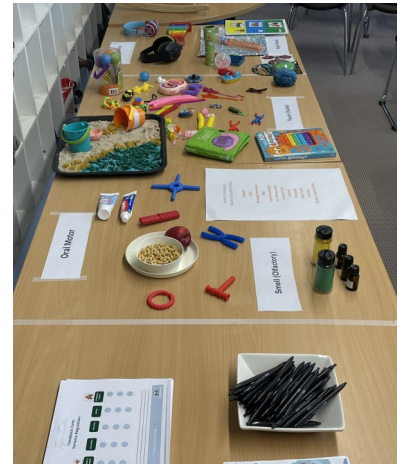


TOPIC TASTERS - SENSORY REGULATION

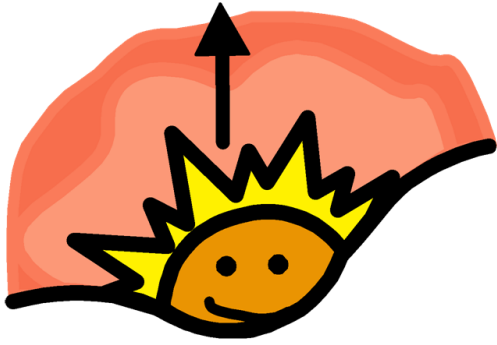


Thank you to the families that attended our first Topic Tasters session last week. It was lovely to have parents engage with our presenters and asking questions. We also love getting feedback on topics for future presentations.

We look forward to our next Topic Tasters session on Wednesday, the 14th of June, with the topic focus of Communication Strategies.



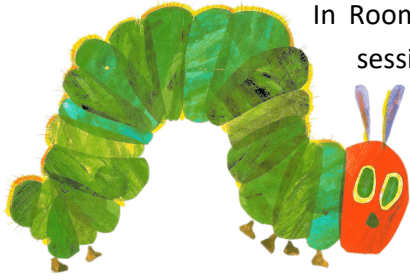
MORNING ACTIVITIES IN THE SORRENTO YARD



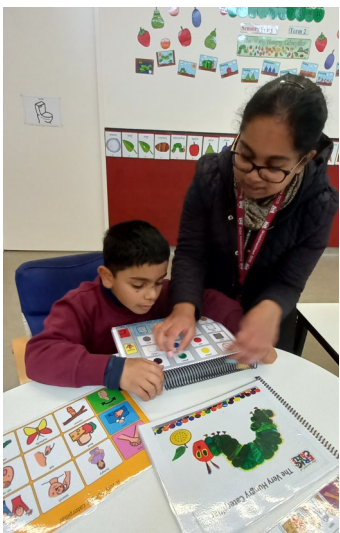
Every morning, when our Sorrento Street students arrive at school, they engage in several morning activities in the yard, including movement to music, filtering at the sensory table, riding a bike, and jumping on the trampoline. The aim of these activities is to set the students up for the day by engaging them in activities that help organise and regulate them.



ROOM 27 & THE VERY HUNGRY CATERPILLAR



In Room 27, we have been enjoying “The Very Hungry Caterpillar” during our story time sessions. We engage in different sensory experiences related to the story along with learning to use ALDs and visuals. We are enjoying this story in both indoor and outdoor learning areas and it is helping us to explore the differences between both. We will be continuing to explore the story over the rest of the term, but with different ideas every week!



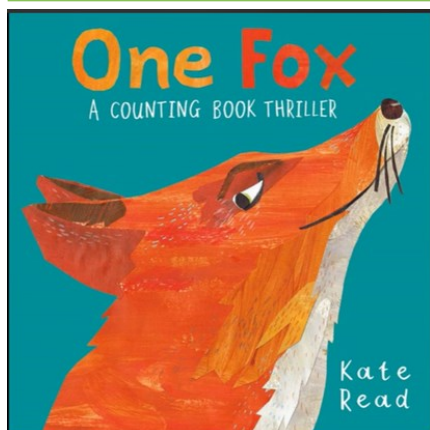
FLOWERS FOR MUM



In Week 3, the students in Room 2 had a busy week preparing their special presents for Mother's Day. They painted ceramic pots with colourful paint streaks and planted succulents. To make their surprise extra special, they made beautiful flower art with a lovely message posted on the back. While doing their Mother's Day project, they used different kinds of mark-making tools such as ceramic paints and dot markers. They also enjoyed using garden tools such as spades, hand rakes and hand shovels to scoop the potting mix into their pots.



ONE FOX IN ROOM 10



The students in Room 10 have been working hard on their numeracy and counting skills while reading the story 'One Fox'. We have had lots of fun counting feathers, eggs, teeth and pawprints and writing down the number of each one.

We have also been using our magnifying glasses to search for numbers and to follow the fox around the farm.

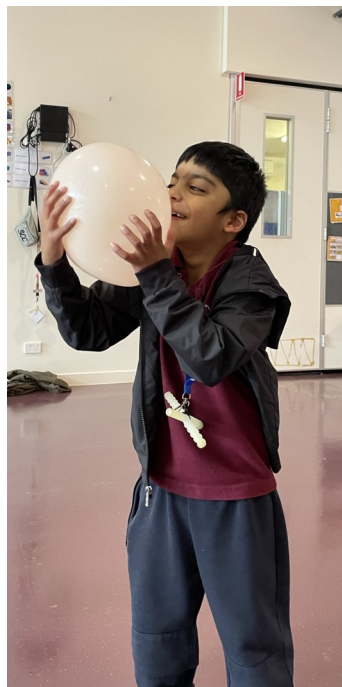


Physical Education at Broadmeadows SDS



This Term in PE, our students will be completing units focused on 'Space', 'Carnival' and 'Athletics'.

Students have been working on transferring their Fundamental Movement skills and gross motor movements to complete the activities outlined in the movement stories.



Speech Pathology at Broadmeadows SDS

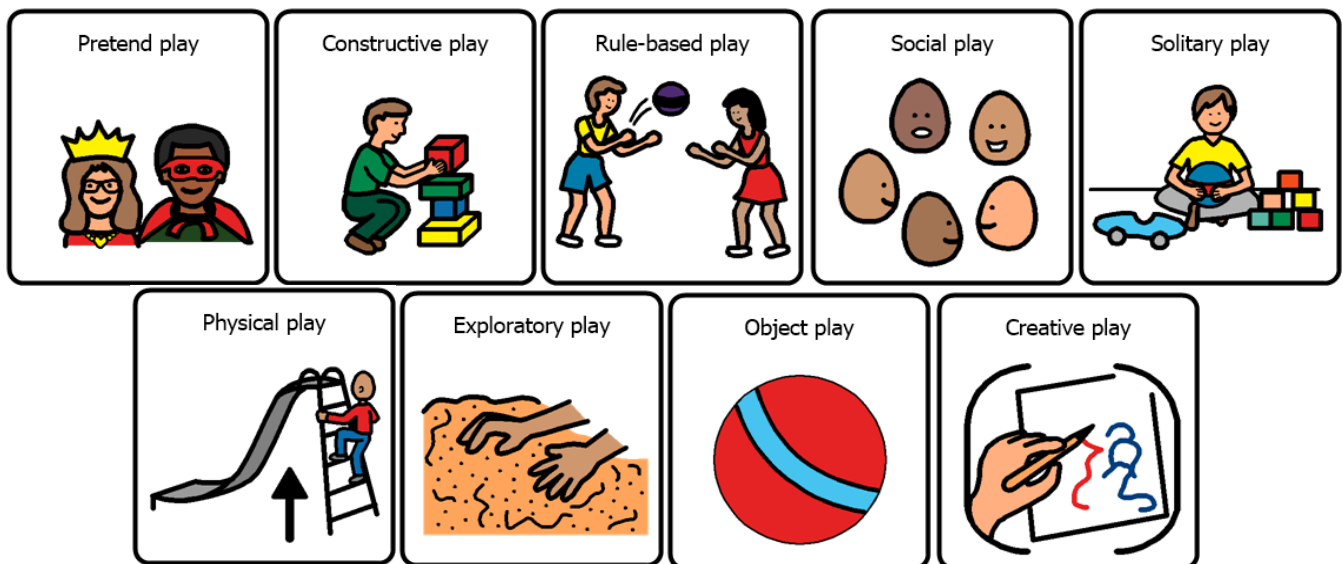
PLAY TO SUPPORT SPEECH AND LANGUAGE DEVELOPMENT



The best way to support your child's speech, language, communication and social skills is through play. When playing, children learn about the world around them, learn about other people and build their confidence and resilience. Play supports cognitive, emotional, social and physical development. By definition, play is fun, spontaneous and child-led. There are lots of different types of and ways to play, and at BSDS we encourage them all!

As long as your child is having fun, there is no wrong way to play.

Types of play



How to support play at home:

- Follow your child's interest and let them lead during play. E.g., if your child likes playing with water, get some toys for bath time and use them to splash the water together.
- Imitate and narrate to join in. E.g., if your child is splashing, splash with them and talk about the "big splash" or the "small splash" that you make with the water.
- Have fun!! Smile laugh and be silly together. Playing is fun!

Play ideas:

- Roll, throw or kick a ball. Playing with a ball is a simple way to help a child build their turn-taking and sharing skills, as well as their gross and fine motor abilities.
- Sing songs and dance together. Singing songs supports speech and language, and dancing is a great way to connect and move your body.
- Find some crunchy Autumn leaves. Talk about the colour, shape, size and texture of the leaves. Let your child touch, crunch and smell the leaves.

Occupational Therapy at Broadmeadows SDS

EQUIPMENT TO SUPPORT MEALTIMES



Mealtimes are an important part of our everyday life. As well as being the time where we eat to give our body energy, they can be a time for social connection with our family or friends.

Various equipment is available to support independence at mealtimes.

Here are a few items some of our students use at school:



Manoy Plate



Scooper Plate

Plates with a sloped edge can make it easier to scoop food with a spoon or fork without spilling it.



Some students find it helpful to use cutlery with a thick handle which is easier to grasp.

Nosey / flexi cups are helpful for some students. Tilting your head back is not needed and you can see the drink approaching to get ready to sip and swallow.



You're invited to...

ONEMDA'S TRANSITION INFORMATION EVENING 2023



Are you leaving school soon? If you're looking for what to do next year and beyond... and how to get there... this night is just for you!

Hear all about Onemda's awesome programs and supports, take a tour, and get important information to help you through the transition process.

P | 03 9842 1955 E | onemda@onemda.com.au W | onemda.com.au

SERVICE LOCATIONS - DONCASTER EAST | GLENROY | RINGWOOD | THE BASIN | TEMPLESTOWE LOWER

SESSIONS AT TWO LOCATIONS:

16th May, 5pm – Doncaster East



SCAN TO REGISTER!
BOOKINGS ARE ESSENTIAL

23rd May, 5pm – Glenroy



SCAN TO REGISTER!
BOOKINGS ARE ESSENTIAL

YOU CAN ALSO REGISTER BY
CALLING US ON 03 9842 1955



Free online workshop

Teens and Beyond

Do you have a child with disability aged 13+?

Then this **FREE** workshop is for you!

This popular series will give you practical information, skills and confidence to navigate the teenage years. It's the only workshop to bring this information into one place.

More information:

- A three-part workshop. Each session is 2 hours.
- Bookings are essential
- Professional workshop facilitators are parents of young people with disability

Workshop dates:

- Monday 15, 22 & 29 May 7:00pm
- Tuesday 16, 23 & 30 May 10:00am
- Wednesday 17, 24 & 31 May 7:00pm
- Thursday 18, 25 May & 1 June 10:00am

Topics include:

- Financial support
- Getting the right NDIS support for your teen
- School and post-school options
- Wellbeing: friendships, communication, behaviour support and good mental health

Read more and register now



bit.ly/TEENSmay23

Contact us

educate@acd.org.au
03 9880 7000 or
1800 654 013 (regional callers)



www.acd.org.au

5 Sound



Our ears enable us to hear sounds and interpret auditory information, such as music, speech, and environmental sounds like sirens and alarms. Our hearing also plays an important role in our ability to communicate and socialize with others.



6 Oral/ Taste



Oral motor refers to the muscles and movements of the mouth, lips, and tongue that are used for eating, drinking, and speaking. This affects our preferences for food, textures, and flavours.



7 Smell



Our sense of smell allows us to detect and identify different odors, which can evoke memories, influence our appetite and emotions, and provide important information about our environment.



8 Interoception



Interoception is our ability to sense and understand what's happening inside our body, such as feeling hungry, thirsty, or tired. It also helps us to recognize and respond to our emotions, physical sensations, and internal states, such as our heart rate, breathing, and temperature.



What is Sensory Regulation?

Sensory regulation is the ability to manage and respond appropriately to the information our senses receive from our environment. It includes filtering out irrelevant input and focusing on what is required to complete the task at hand.

Co-Regulation

Many of our students are not yet able to self-regulate by recognising when they need certain sensory input. We act as a 'co-regulator' by providing strategies to support them with this based on their individual sensory needs and support them with a calm and organised environment.

More help?

Be sure to ask your child's classroom team or discuss with their external OT if you would like more information on supporting your child's sensory regulation.

Broadmeadows SDS
Telephone: (03) 9302 1244

Dimboola Campus
29-35 Dimboola Road
Broadmeadows, VIC 3047

Sorrento Campus
30-40 Sorrento Street
Broadmeadows, VIC 3047

WELCOME TO

Sensory Regulation

Supporting our students to engage in learning at Broadmeadows Special Developmental School



8 Sensory Systems

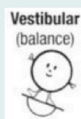
1 Tactile



Our sense of touch provides us with information about the texture, temperature, and pressure of objects. We use touch to communicate and connect with others, as well as to explore and navigate our environment.



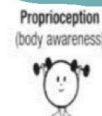
2 Vestibular



This sense is responsible for our sense of balance, spatial orientation, and movement. It helps us to maintain posture and balance when we're standing, walking, or moving around, as well as to coordinate our movements.



3 Proprioceptive



This sense provides information about the position and movement of our own body parts and muscles. It allows us to perform complex movements and tasks, like writing, playing sports, and using tools.



4 Sight



Our eyes help us see and process visual information, such as colors, shapes, patterns, and movements. We use our vision to navigate our environment, recognize faces and objects, and gather information about our surroundings.





Broadmeadows
SPECIAL DEVELOPMENTAL SCHOOL

UNIFORM ORDER FORM

ITEM		PRICE	SIZE 4	SIZE 6	SIZE 8	SIZE 10	SIZE 12	SIZE 14	SIZE 16	TOTAL
Polo Shirt Short Sleeve	Maroon	\$18.00								
Polo Shirt Long Sleeve	Maroon	\$21.00								
Bomber Jacket	Navy	\$38.00								
Windcheater	Maroon	\$25.00								
Polo Collar Windcheater	Navy	\$24.00								
Polar Fleece Vest	Navy	\$23.00								
Skort	Navy	\$18.00								
Shorts Rugby	Navy	\$14.00								
Trackpants Reinforced	Navy	\$18.00								
Summer Dress	Navy	\$34.00								
Winter Tunic	Navy	\$44.00								
Parka Lightweight	Navy	\$32.00								
Hat (Bucket) S M/L L/XL	Navy	8.00								
ITEM		PRICE	SIZE 18	SIZE 20	SIZE 22	SIZE 24	SIZE 26			TOTAL
Polo Shirt Short Sleeve	Maroon	\$22.00								
Polo Shirt Long Sleeve	Maroon	\$26.00								
Bomber Jacket	Navy	\$38.00								
Windcheater	Maroon	\$30.00								
Polo Collar Windcheater	Navy	\$30.00								
Polar Fleece Vest	Navy	\$26.00								
Shorts Rugby	Navy	\$18.00								
Trackpants Reinforced	Navy	\$25.00								
Summer Dress	Navy	\$38.00								
Parka Lightweight	Navy	\$35.00								
TOTAL										

Name of student: _____

Class: _____

Date of order: _____

Payment Method: Cash Card

Credit Card Details: _____

Expiry Date: _____